

Sunday 30th March 2025

4th Sunday of Lent

NEWSLETTER

St. Brigid's Parish, Kildare Town
Fr. Adrian Carbery, PE CC (045) 521900

Parish Office, Áras Bhríde. (045) 521352
E-mail – kildareparish@gmail.com Website – www.kildareparish.ie
RCN 20015848

Safeguarding Officers: Fiona Reid c/o Kildare Parish Office
Bernadette Madigan c/o Nurney/ Kildangan Parish Office

A Prayer for Mothers

*Lord,
When our mothers are tired,
give them strength.
When they feel alone,
bring them comfort.
When they are overwhelmed,
bless them with peace.
In their hardest moments
be their Light.*

*Today,
We ask You to bless them
with what they need most.
Amen*

Anniversary Masses

Saturday 29th March - Sunday 6th April 2025

SAT 29 6.30pm BREDA FITZGERALD, Beechpark
FELIX MURPHY

SUN 30 9.00am

11.00am SHARON BYRNE, Bishopsland.. Months Mind
PADDY WATTERS, Chapel View
JOHN HACKETT, Bride Street
ELLA ROSE THORPE
ELLEN TRACEY, 19th Anniversary
And CHRISTY TRACEY Snr.. 45th Anniversary

MON 31 9.00am ANGELA MADDEN, Rowanville
TONY, JAMES and JOHN BURKE, Rowanville

TUE 1 9.30am

WED 2 9.30am

THU 3 9.30am BRENDAN O'TOOLE, Assumpta Villas
JOSEPH GRIFFIN

FRI 4 9.30am

SAT 5 6.30pm REGGIE & SHEILA DUNNE, RIAN MacMAHON
And NEIL & ANGELA CADIGAN
ELIZABETH KNIGHT, Maddenstown..
2nd Anniversary

SUN 6 9.00am MARY FITZPATRICK, Lackagh
JOSIE WHITE Maryville

11.00am LAURENCE 'LARRY' CLARKE,
Late of The Castle & 7 Springs, Newbridge
DANIEL MURRAY, Chapel View
JAMES, ANNIE, MICHAEL FITZPATRICK, Woodside Pk.

We Remember

JOHN 'SHORTY' PHELAN, Maryville
MAREE HEFFERNAN, nee CONROY, Oghill
who have died,

we also remember
JOHN NOLAN, The Square & Elm Park
Whose anniversary occurs at this time
and for whom mass will be offered.

CONFESSIONS

Confessions available each Saturday at 5.45pm

Mass Time

Week-day Morning Mass in St. Brigid's Parish Church
Our week-day morning mass (Monday - Friday) celebrated at 9.30am.
The Rosary will be prayed before mass

**In the event of a Funeral,
the normal morning mass will NOT take place.
Instead, it will be replaced by the Funeral Mass
on that day.**

**Saturday: Vigil Mass 6.30pm
Sunday: 9am and 11am**

Live Streaming of Masses from St. Brigid's Parish Church
Log into: mcnmedia.tv - cameras - Kildare - St. Brigid's, Kildare Town.
Masses : Weekday: 9.30am
Saturday: 11am and Vigil Mass 6.30pm
Sunday: 9am and 11am

PLEASE NOTE

**The Church Yard is open
for Church and Parish Centre Use**

**Monday to Friday
9.00am – 12.30pm
3.00pm – 4.30pm**

Funeral Ministry

Kildare / Nurney / Kildangan have formed a Funeral Ministry Group which have received full training from members of the Diocesan Faith Development Services. This group will assist families in their time of need and great loss. The members help the family of the deceased to choose readings, select music for the funeral Mass and guide them through the entire funeral process which will provide an opportunity to celebrate the life and memory of their beloved. With this ministry we are looking to the future when the lay faithful will be more involved in carrying out ministries in our parishes.

The group formed are as follows: Marie Watson, Marcella Fullam, Alan O'Braoin, Esther Crowe, Mary Lennon and Ber Madigan

House Visits

Fr. Adrian visits the housebound and sick once a month.
If you would like to be included in the visits,
please contact the Parish Office on (045) 521352

Baptisms

Please contact the Parish Office on 045 521352
during office hours 9.30am – 4pm to arrange a date,

Weddings

Contact the Parish Office to book your date and for all information required

Parish Office

The Parish Office is based in the Parish Centre – Aras Bhride
and is open Monday to Friday

Office hours : 9.30am – 1pm and 2pm – 4pm.

We can be contacted on: Ph : (045) 521352

Email: kildareparish@gmail.com

“There is a variety of gifts but always the same Spirit.
There are all sorts of services to be done, but always to the same
Lord”

Would you like to share some of your time and gifts with the life
of our Parish in any of the following areas?

Liturgy: Readers, Ministers of the Eucharist, Collectors,
Flowers etc for the Church

Pastoral: Preparation of children and parents for the sacraments
of Baptism, Communion and Confirmation

Communication:

Maintenance of Property:

Care of the Environment:

**Would you like to reflect on what the call of the Gospel may be
to us as a Community of Faith today?**

If you are interested, please contact any member of the Parish
Pastoral Council, Fr. Adrian or Margie at the Parish Office.

New Facebook Page:
St. Brigid’s Parish, Kildare Town

Instagram:
st.brigids.parish.kildare

Web page:
kildareparish.ie

Safeguarding

If you would like to know more about safeguarding in our Diocese, look at the Safeguarding section on www.kandle.ie.

If you ever wish to report a child or vulnerable adult safeguarding concern, please contact the Diocesan DLP on (085) 8021633 or the statutory authorities of the Gardai, TUSLA, HSE.

Vision Ireland

– welcome donations of Bric-a-brac, homewares, etc for their shop, at Station Road, Kildare Town. The shop is open Monday – Saturday, 9am – 5pm. Ph 087 1394325.

Family Carers Ireland,

Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact 057 93 70221 and hear how we can support you or for more info visit www.familycarers.ie.

Forest School Easter Camp

Tuesday 22 – Thursday 24 April in Irish National Stud & Japanese Gardens. Activities include: Pond dipping, tools, mud kitchen, Arts & Crafts, Rope Work, Fire making & outdoor fun. For more info & sibling discount code email: wildkidsforestschool@gmail.com

K & L Kildare Parish Co-Op Lotto Parish Lotto

Draw Wednesday 26 March 2025. The numbers drawn were 6, 23, 24, 25. There was NO Jackpot winner. We had NO winner in the match 3 numbers game.. Congrats also to JANICE WHITE winner of the subscribers draw, promoter Philip Hickey. Tickets €2 each from The Sweet Shop, Bernard Conway, Margie Sheridan, Fiona Reid, Ann Hill. Thank You for your continued support. Next week's jackpot will be €12,000.

Kildare Tidy Towns

We would ask everyone to help by keeping their own areas litter free & tidy. Beauty dies... Where litter lies ..

Scoil Bhríde Lackagh

- Enrolments 2025/2026: Scoil Bhríde Lackagh have places available for Junior Infants Sept 2025. Application forms are available from our website (www.scoilbhridelackagh.ie) or from the school office (045 529134).

Kildare Dementia Cafe

Kildare Dementia Café - The Dementia Cafe gathers on the last Thursday of every month from 2.30pm to 4.30pm at Kildare Community Development Centre (old Presentation convent), R51 RF88. It is a welcoming space for people living with dementia and their families and friends to have a cup of tea and a chat. Each month there is a short talk given by a guest speaker. For any queries please contact Anne 0864411255

St. Brigid's Primary School, Kildare Town

This April, SBPS presents "Porridge" - the side-splitting musical comedy! It's a familiar tale told like you've never heard before. When a crime wave hits Happy Valley, there's a caseload of mysteries to be solved! Who's stolen Ma Hubbard's recipe book? Who's kidnapped Marigold the cow? And what secret is Papa Bear hiding behind his Porridge Empire? It's up to Private Detective Jack Spratt to uncover the terrifying truth in this tale of manic mystery, sparkling songs and bowlfuls of belly laughs! Come and join the fun in the CWMS hall April 3rd - 5th. Tickets available from our school office now!

We are so proud of our 82 students from 5th and 6th who have formed a talented, energetic and hard-working cast. The children have been extremely dedicated and of course have been having lots of fun at rehearsals, as have the staff as we watch it all come together. There is definitely a buzz in the air with just 3 weeks to go!

Hope to see you there!

Solemn Novena to Our Lady of Perpetual Help

in Sts Peter & Paul's Church, Monasterevin W34 KD61

Monday 31 March – Friday 4 April.

Theme :HOPE Time : 7.30pm

Guest Speakers:

Mon 31 March - Bishop Paul Dempsey, Auxiliary Bishop of Dublin & Formerly PP Newbridge

Tue 1 April – Geraldine Mullan – Mum who lost her husband & 2 children tragically tells her story.

Wed 2 April – Sr Joy, Presentation sister who has worked in different ministries

Thurs 3 April – Cuan Mhuire – Centre for those battling addictions.

Fri 4 April – Bishop Denis Nulty, Bishop of Kildare & Leighlin.

St. Brigid, Her Definitive Story, by Tom Madden.

Meet St. Brigid as Child, Nun, Saint...

Her intriguing story will enrich you. The history of Irish Community life is fully captured in this book – St. Brigid, Her Definitive Story, by Tom Madden.

It is a beautifully presented hard backed book published by Fitzwilliam Publishing and retails at €40 per copy. Trade discount 25%

Lavishly illustrated with original photographs and drawings that chronicle the early Irish monastic movement of which St. Brigid was a leader and innovator. This book is a ten-year thoroughly researched study of the spread of Celtic communities through Ireland and their embracing of Christianity.

St. Brigid's travels as theologian, educator, goldsmith and guest orator are explored as is her reputation as a prayerful miracle worker.

This book contains hitherto un-referenced details learned from the recorded lives of other contemporary saints who acknowledged her as mother patroness of all monasteries.

Her monastery at Kildare housed Schools, A scriptorium, Hospital, metal working and a most beautiful place for Divine worship.

The illustrations from all over Ireland are monuments to the care and inspiration of the communities where she served as educator extraordinaire.

St. Brigid – Her Definitive Story, is available from all local bookshops.

Or from : Tom Madden, Fitzwilliam Publishing, Assumpta Villas, Kildare town, Co Kildare R51 V020

Email: thomasa4madden@gmail.com.... Ph 087 98138678

Seated Exercise Classes

Classes for people with Arthritis takes place in Aras Bhride each Wednesday morning at 10.30am sharp. Adm : €5 .. All Welcome

Graiguecullen Bingo

Tuesday 25 March in St. Fiaccs Hall @ 8.30pm. Jackpot on 50 numbers €2260. Double number €810. Lotto €600

Kildare Town First Responders

Why not join Kildare Community First Responders!!

New and past members always welcome

Do you live in Kildare Town?

Do you have a few hours every month to volunteer in your community??

Do you want to learn lifesaving skills??

No experience necessary
All training provided
Help make a difference in our community.
Email us cfrkildaretown@gmail.com for more information

Cill Dara Wranglers

Line Dancing .. come and learn... class each Tuesday evening in Aras Bhride, 6.45pm – 9.30pm.... Beginners very welcome...
Contact Mag on 087 6344736 for more information.

QiGong & Wellbeing for Beginners

Monday – 6.30pm – 7.30pm. Wednesday 10am – 11am
In Aras Bhride – Kildare Town Parish Centre. Age Friendly
€15 walk-in / €60 block of 5 classes.
For more information contact Ambra – 087 1470210

Kildare Indoor Bowls Club

Meet in the Old Presentation Convent, Meadow Road, Kildare. R51 RF88. Every Tuesday and Friday from 7pm – 9pm. New members welcome. Contact John on 087 7417686

Kildare Community Garden

Kildare Community Garden meet at Men's Shed, Campion Crescent. R51 EH21
Each Monday & Friday from 11am – 1pm
All are welcome and the kettle is always on.... Ph Mary on 087 9562158
For more information

PILGRIMAGES

WIN A TRIP TO MEDJUGORJE

Medjugorje Irish Centre Free Prize draw taking place on 1st April. Prize for one person includes 7 nights B&B, return airport transfer and flights up to €300.

To enter go to prize draw page on website

www.med-irishcentre.com

Tel. 01 443 4510 or email reservations@med-irishcentre.com

WhatsApp No: 00387 63 630 604

IRELAND: 00353 1 443 4510

Email: reservations@med-irishcentre.com

Website: www.med-irishcentre.com

Shrines of France

Parish- Lisieux-Normandy Beaches – Honfleur

Monasterevin & Kildare escorted Group Pilgrimage. 5 Day Pilgrimage departing from Dublin, 28 April – 2 May 2025.

Accompanied by a Spiritual Director – Fr. Liam Merrigan PP & Fr Anthony O’Carm.

For more information contact Monasterevin Parish Office 525 346 or Carmelites office 521391 or Marian Pilgrimages (01) 878 8159

Carmelite Pilgrimage to Lourdes

24th – 29th September 2025 – 5 nights.

Tour highlights

- Mass at the Grotto
- Anointing of the Sick
- Torchlight Procession
- Blessed Sacrament Procession
- International Mass.

Contact Carmelite White Abbey on 045 521391 or Joe Walsh Tours 01 241 0800

Diocesan Pilgrimage to Luxembourg

Honouring Carlow Trained St Willibrord

Join Fr Thomas O’Byrne and our ecumenical friends from the Diocese of Leighlin as the Diocese and the Cathedral Parish travel to Luxembourg to partake in the Annual Hopping Procession in honour of Carlow trained St Willibrord, Patron Saint of the Netherlands and the First Apostle of the Netherlands, from Sunday June 8th to Wednesday June 11th, 2025. St Willibrord spent twelve years in Co Carlow at Rath Melsigi, in the Parish of Tinryland, before leaving for the continent in 690AD. He is highly regarded in Belgium, Germany, Luxembourg and the Netherlands. Every year the town of Echternach, where he is buried, holds a centuries old UNESCO World Heritage Status Hopping Procession in his honour. The procession is known as the People Who Pray With Their Feet. In 2017 the people of Echternach presented Carlow Cathedral with his Relic. Bookings for this unique pilgrimage through Tully’s Travel, Tullow Street, Carlow Town, Tel: 059 9136100, €685.00 per person sharing.

St. Brigid’s Parish Church 6.30pm FOLK GROUP

Anyone interested in joining – singers – musicians are all welcome, just come along. The group meet from 5.30pm on Saturday evenings for practice. For more information contact Tony at 087 0920359

Jive and Line dance classes in CMWS Hall, Kildare

Learn to jive, waltz, quickstep, slosh, country line dance & lots more – at CMWS Hall, Kildare Town (R51 WN51), Monday 7.30pm – 9pm. No partner necessary. €10 pay as you go. For more information contact 086 8690332

SVP Shop

if you have any unwanted Christmas Gifts, please drop them to the shop. We are looking for donations of Paper Bags – all sizes. Opening hours 9.30am – 5.30pm, Monday to Saturday.

St. Conleth's Day Care Centre

Have you spare time?

Volunteer driver needed for

St. Conleth's Day Care Centre. Category D1 licence essential.

We are also looking for Volunteers to deliver meals, 1 hour per week
Contact Connie at 045 521748.

Cill Dara Irish Figure Dancing

in De La Salle Hall, Kildare Town every Friday night

Beginners 6pm – 7pm

Grade D 6.30pm – 7.30pm

All other grades 7pm – 8.30pm.

All classes are €3 per child.

For more information follow our Facebook page: Cill Dara I.F.D.C.
or ph 085 108 1847.

Monasterevin Ping Pong Club

are looking for new members. Open to all adults or over 16's accompanied by a parent. The club meet every Monday 20.45pm to 22.00pm in Monasterevin Community Centre. For more information contact Pauline 087 061 2689. find us on Facebook: <https://www.facebook.com/monasterevinpingpong>

Art with Rebecca

This Art Group meet in Teach Dara, Community & family Centre, Academy Street R51 D803, each Thursday morning from 10am to 12 noon.
Cost €10. New Members welcome.

Nurney/ Kildangan Community Employment Project

Nurney Kildangan Community Employment Project Limited by Guarantee have a number of vacancies in Nurney, Kildangan and Kildare Town. To enquire about these positions or to find out if you qualify for Community Employment, please contact the Project Supervisor Mary Byrne on 087 1745524

Ladies only SELF DEFENCE

Classes Limited spaces – Female instructor. Saturdays 10am – 11am.
Eircode R51 PK70. Book your space on www.cilldaramartialartsacademy.com

Kildare Tidy Towns

We would ask everyone to help by keeping their own areas litter free & tidy.
“Beauty dies..... Where litter lies “

HUGG

(Healing Untold Grief Groups)

New HUGG Kildare

Suicide bereavement support group, led by trained volunteers with lived experience of suicide loss.

To join visit www.HUGG.ie

Call: 01 513 4048

Email: support@HUGG.ie

Senior Line

Would you like someone to talk to?? SeniorLine is Ireland’s national telephone service for older people, open every day of the year 10am – 10pm. They can be contacted on Freephone1800 80 45 91

Adult Literacy for Life

Do you know in Ireland that almost 1 in 5 adults have difficulty with reading and writing? 1 in 2 have difficulty using digital devices?

If you or an adult family member would like support, you can contact : Kildare & Wicklow Education Training Board at 045 988000. This service is free and confidential.

Kildare Country Market

New Bakers required due to increased demand!!

Drop in any Thursday morning to the Carmelite Hall, Kildare Town R51 X827

9.45 a.m. - 12 noon or contact us on Facebook: Kildare Country Market (cupcake icon) , INSTAGRAM Official Kildare Country Market

PH: 085 8445299 or Email: officialkildarecountrymarket@gmail.com

Just a reminder that Kildare country Market is on every Thursday morning from 9.45am – 12 noon in the hall beside the Carmelite Church in Kildare town. A wide selection of tasty home bakes available including bread, scones, tarts, cakes. Savoury meals also available as well as free-range eggs and homemade jams and marmalades. Drop in and have a cuppa n chat.

Kildare Town Men’s Shed

The group meet each Tuesday from 10.30am to 12 noon.

New members welcome. Contact Jimmy on 086 0655728

Mortgage Arrears / Abhaile Scheme

Is your mortgage in arrears? Are you worried about losing your home? If so, you may be entitled to FREE Financial advice. This is a state funded service. For more information contact Financial Solutions Ireland on 085 8674883 or www.fsireland.ie

Good Morning Kildare'

This service provides a FREE friendly phone call on a regular basis to adults in their own home or place of residence.

It is a friendly chat about everyday things e.g., Gardening, Cookery, Sport, TV, Pets etc. All calls are strictly private and confidential.

The phone operators are Garda Vetted.

The service operates from 9.15am to 2.30pm Monday to Friday.

'Good Morning Kildare' supports Independent Living & Social Connection.

The service is supported by the HSE, DEASP, An Garda Síochána.

If you are interested in availing of this service or you know somebody who would benefit, please contact 045-859037 / 045-870268 or

E-mail:goodmorningkildare@yahoo.ie

Teach Tearmainn:-

Working to end Domestic Violence.

Provides free and confidential emotional support, guidance and information.

provides short-term accommodation for women and children who are victims of domestic violence. Ph 045 527584.

Kildare Small Jobs

The Kildare Small Jobs is a DIY property maintenance service for people over 65 living in County Kildare. For a subscription fee of €65 you will get up to 5 callouts. Each callout offers you two qualified, experienced, and insured KSJ Workers calling to your home for 1.5 hours, to get your small job done. There is no charge for us calling out to assess a job. For further information and a list of what jobs, we can do please feel free to call us on 086 060 7346

KILDARE SMALL JOBS is a Social Enterprise and a Community Employment initiative hosted by County Kildare LEADER Partnership, funded by The Department of Social Protection and Dorman Account Funding.

All-Ireland Pollinator Plan

Avoid using insecticides, fungicides and herbicides These potent chemical cocktails are designed to kill various organisms. One of the best things you can do for pollinators is avoid using them. Why: Insecticides have been found to kill, harm, and disorientate pollinators. Herbicides kill the 'weeds' that provide them with important food. www.pollinators.ie/top-ten-ways-to-help-pollinators/

Mass

Mass for the African Community celebrated in St. Brigid's Parish Church on the 3rd Sunday of each month. All Welcome

Drug and Alcohol addiction knows no boundaries, You Are Not Alone, help is always available.

Please contact You Are Not Alone support group on 085-7872730 for a confidential and non-judgemental service.

Little Way Cancer Support Centre in Clane, Co. Kildare is here to help anybody in our parish who is affected by cancer.

Our services are free of charge for people affected by cancer (Patients and carers)



We are here to help you!

Counselling,

Complementary Therapies,

Support Groups For Cancer Patients

and their Carers

Our services are FREE of charge

*Little Way Cancer Support Centre,
2/3 Village Centre, Clane, Co. Kildare*

Ph:045902996

email: clane@little-way.org

facebook.com/LWCSC

A message from an Garda Siochana

An Garda Siochana wish to warn people of a doorstep fraud and theft offence which has become prevalent over the last number of weeks.

Elderly People are being targeted at their homes by Criminals who are impersonating Gardaí. The offenders are fraudulently pretending to be plain clothes Gardaí who are checking for dud money. They have duped people all around the country and stolen their cash on the pretence of checking to see if it is genuine money. They are producing false identification to assist the process.

Advice:

- An Garda Síochána will never ask people about their finances on the doorstep of their homes and will never ask to check money
- Always ask for Identification and do not be afraid to question it. If in doubt politely tell the caller that you want to verify their true identity. If necessary contact your local Garda Station who will be able to establish quickly if the caller is a member of An Garda Síochána.
- Report any such activity to your local Garda Station even if you have not been the victim of a theft. That report could save a neighbour or someone else close by.
- Please check on elderly neighbours, family and friends and advise and reassure them

Kildare Town Library

All events at Kildare Town Community Library are free of charge and open to everyone. Some events may require booking.

To book or for more information, phone (045) 520 235 or email kildarelib@kildarecoco.ie and include your name and mobile number.

April 2025

Children's events:

Storytime for children aged 0 – 5 years

Fridays @ 11am

Why not come along and join in the fun?! Lots of new stories and songs for children under 5 years.

No Booking Required – Everyone Welcome!

Online Coding Clubs with Kildare Town Library and Coding Ireland

Suitable for ages 7 - 18

Kildare Town Library is offering free self-taught and self-paced online coding classes for children through Coding Ireland.

Our online coding lessons, in collaboration with Coding Ireland, provide accessible resources for children and young adults to learn digital skills at home and at their own pace.

Join one of the Kildare Town coding clubs by clicking below:

Ages 7 – 9: <https://www.codingireland.ie/RegisterStudent/wy887>

Ages 10 – 12: <https://www.codingireland.ie/RegisterStudent/nx798>

Ages 13 – 15: <https://www.codingireland.ie/RegisterStudent/vk269>

Ages 16 – 18: <https://www.codingireland.ie/RegisterStudent/nl454>

Children's Book Club

Suitable for ages 8 – 12 - Friday 25th April, 3.30pm – 4pm

Calling all bookworms aged between 8-12! You are invited to join a new, exciting book club at Kildare Town Library. Join us for a lively discussion on what you loved or loathed about the chosen book. We will meet the last Friday of every month from 3.30pm – 4pm. Places are limited so book a place as soon as possible to avoid disappointment. You can do this by contacting Kildare Town Library on 045 520 235 or by email - kildarelib@kildarecoco.ie

Children's Scrabble Club

Suitable for ages 8 – 12 - Saturdays 5th and 26th April

Would you like to join our Scrabble Club? It will take place every second Saturday from 2pm-4pm, beginning Saturday 5th April (dependent on Bank Holidays).

Suitable for ages 8-12. Places are limited so please enquire at the desk, call 045 520 235 or book at <https://kildare.spydus.ie/cgi-bin/spydus.exe/ENQ/WPAC/EVSESENQ?SETLVL=&RNI=18704935>

Come along and have lots of fun, learn some new vocabulary and make some new friends!

Easter Painting Workshop

Suitable for 9-12 year olds – Wednesday, 9th April 3pm-4.30pm

Calling all young budding artists! Celebrate Easter with us by participating in a fun art workshop. We will be painting an Easter bunny in vibrant acrylic colours.

Guaranteed lots of fun that will bring out the Picasso in you! Please wear old clothes as this will be a messy creative workshop. Places are limited so please book early on 045 520 235 or kildarelib@kildarecoco.ie to avoid being disappointed!

Easter Film with Teddy!

Suitable for 4-8 year olds – Saturday, 12th April 2pm-3.30pm

Does your child have a favourite Teddy? Why not encourage them to bring the Teddy to the library! They can snuggle up and relax watching an Easter themed film. No booking required. Please note that children must be accompanied an adult.

Adult Events:

TTT: Behaviour Support for Your Neurodivergent Child with Eimear Kelly

Session 3

Thursday 3rd April, 7pm

Practical Strategies Part 2

This session will explore the importance of reactive strategies, reactive meaning after the behaviour has occurred. Reactive strategies can be used when the young person is already feeling overloaded, highly anxious or overwhelmed. These strategies can

support the young person to return to a regulated and relaxed state, while providing them with a sense of validation, compassion and a feeling of safety.

Book here: <https://www.tickettailor.com/events/ttkildare/1493263>

Session 4

Thursday 10th April, 7pm

Putting the Plan Together and Q&A (workshop on attendees' specific needs)

This final session will look at putting all the strategies together so that attendees will leave the training with a workable plan that they can use at home. We will look at real life examples of how behaviour support strategies can be implemented, along with skills on how to adapt and change the plan depending on the evolving needs of your child. The session will finish with a Q&A on attendees' specific needs and questions.

Book here: <https://www.tickettailor.com/events/ttkildare/1493263>

First Aid for Parents & Caregivers with Siobhán Butler

Thursday 24th April 7pm – 8.30pm

A popular and regular event on the 'Let's talk about Parenting' programme, this informative and interactive introductory workshop uses lots of visual aids in the presentation and there is plenty of opportunity for the participants to ask questions. Topics covered will include - calling the emergency services, the first aid kit, choking, meningitis, burns, temperatures/seizures.

Book here: <https://www.tickettailor.com/events/letstalkaboutparenting/1501454>

Rhyme & Sign Storytime with Claire Glynn

Tuesday, April 8th at 11am, for 0–5-year-olds.

Rhyme & Sign Storytime sessions offer a fun and interactive introduction to ISL baby sign. Children and caregivers learn to sign their names using the ISL alphabet before signing along to an engaging rhyming story. We finish with Incy Wincy Spider and Happy & You Know It. This 45-minute session includes a garden-themed story, bug-themed colouring pages, and take-home leaflets featuring songs, nursery rhymes and additional ISL resources.

Places are limited so please book early on -

<https://buytickets.at/kildaretownlibrary/1642097>

Age Friendly Coffee Mornings for over 55s

Wednesdays 2nd and 16th April

10.00am – 12.30pm

Join us in Kildare Library for tea, coffee, or just a chat. Browse the newspapers or magazines at your leisure. Our staff will be happy to tell you about all the free events and services available to you through your local library.

No Booking Required – Everyone Welcome!

Retro Cinema Club

Wednesday 2nd April, 11am – 12pm

Step back in time with the Retro Cinema Club! Join us for a friendly gathering featuring classic films, delightful conversation, and a cozy cup of tea.

Whether you're a lifelong movie buff or simply looking for a relaxed way to spend your morning, this event is the perfect opportunity to enjoy nostalgic cinema and connect with others in Kildare Town Library.

No booking required – all welcome!

'A Chat About Books' Book Club

Wednesday 16th April

11am – 12pm

Have you ever read a book and said 'I wish I could talk to someone about it?' - well this book club could appeal to you. We meet every month to trade information and share what we have read in the last month. Not every book has to get the thumbs up, but there will be an opportunity to take note of books that interest you. Afterwards you are welcome to order them at the library desk.

No Booking Required – All Welcome!

Midlands LGBT+ Book Club

Thursday 17th April, 6.30 – 7.30pm

Kildare Town Library have launched a new book club for adults in collaboration with Midlands LGBT+ Project, where we focus on books with LGBTQ+ themes or by LGBTQ+ authors. This month, we will be discussing 'Greta & Valdin' by Rebecca K. Reilly. Copies of the book are available from the desk. To enquire about joining, email kildarelib@kildarecoco.ie or phone (045) 520 235.

Kildare Library Book Club

Thursday 24th April @ 6.30pm

The Kildare Town Library book club meets on the last Thursday of every month. New members are welcome and copies of this month's book can be collected from the main desk.

Enquiries to Kildare Library: 045 520 235 or email kildarelib@kildarecoco.ie

Ciorcal Comhrá - le haghaidh Daoine Fásta

Déardaoin 10ú agus 24ú Aibreán, 3 i.n. – 4.30 i.n.

Tá Ciorcal Comhrá ar siúl gach dara Déardaoin agus gach ceathrú Déardaoin i Leabharlann Bhaile Chill Dara. Bí Linn! Má tá tú líofa nó má tá cúpla focal agat, cuirfear fáilte mhór romhat. Tuilleadh eolas - 045 520 235 / Ríomhphost - kildarelib@kildarecoco.ie

An Irish Language Conversation Group meets every second and fourth Thursday in Kildare Library from 3pm- 4.30pm. New members are always welcome. And whether you're fluent or just have a few words and want to improve you'll be welcome! For more information contact 045 520 235 or kildarelib@kildarecoco.ie

Community Craft Group – Wednesdays @ 10am
Enquiries to Kildare Library - Phone: 045 520235

Get Crafty! –Thursdays @ 6.30pm – Take some time-out for yourself to knit, sew, crochet, quilt – whatever your passion!
Everyone welcome – Enquires to Kildare Library - Phone: 045 520235

EmployAbility Services, Drop-in Clinic
Every Friday, 10.00am – 1.00pm

Are you looking to return to work after illness, injury or disability? Or maybe you are an employer looking to take on new staff? We may be able to help. Free and friendly advice for Job Seekers and Employers, provided by EmployAbility Service. Drop in and chat to Gerard at the library any Friday from 10am – 1pm.

Sensory Pod & Sensory Toybox

Now available for booking at Kildare Town Library or just drop in when you are passing and check it out for yourself!

Those using the POD have access to a calming environment - for relaxation or de-escalation.

Exhibition Launch: ‘Sleeping in a forest’ by Jennifer Reynolds

Saturday, April 5th, 2.30pm

This series (30 pieces) explores the liminal space between wakefulness and sleep, where the edges of reality soften, and the boundaries between human and nature begin to blur.

Inspired by readings such as Sacred Nature by Karen Armstrong and The Language of Trees by Katie Holden, this work delves into the profound, sometimes sacred connection between humanity and the natural world. The forest becomes both a sanctuary and a mirror—a place where time stretches, stills, and folds into itself. No booking required - all welcome!

This exhibition will be on display from Saturday 5th to Wednesday 30th of April.

Little Way Cancer Support Centre

Music Therapy –

An experienced music therapist is offering individual music therapy sessions at the Little Way Cancer Support Centre. For more information please contact us. Ph 045 902996, email: clane@little-way.org.

We are delighted to announce that the Little Way Cancer Support Centre will be collaborating with Roches Breastcare Services to bring their services closer to you so you don't have to travel up to Dublin. If you are looking for a new or replacement prosthesis or bra then please contact us at 045902996 for more details of this new service.

St. Patrick's weekend POP-UP SHOP in Unit 2/3 Village Centre,

Clane W91 CP03. Tel (045) 902 996. E: clane@little-way.org

Wed 12 – Fri 14 March 10am – 4pm & St. Patrick's Weekend 11am – 2pm

Discover new & nearly new treasures, Beauty Giftsets, Accessories, Handbags, homeware, Books, Toys.