

# Sunday 9<sup>th</sup> March 2025

## 1<sup>st</sup> Sunday of Lent

### NEWSLETTER

St. Brigid's Parish, Kildare Town  
Fr. Adrian Carbery, PE CC (045) 521900

Parish Office, Áras Bhríde. (045) 521352

E-mail – [kildareparish@gmail.com](mailto:kildareparish@gmail.com) Website – [www.kildareparish.ie](http://www.kildareparish.ie)

RCN 20015848

**Safeguarding Officers:** Fiona Reid c/o Kildare Parish Office  
Bernadette Madigan c/o Nurney/ Kildangan Parish Office



# *Springtime of the Spirit*

*Each year the trees give us a lesson in renewal.  
First the bud, then the blossom, and finally the  
shoot.*

*Spring dresses the trees in a new robe,  
And makes them young again.*

*But this is possible only because in autumn  
They let go of their old leaves,  
And in between endured a period of nakedness.*

*Lent is in the springtime of the spirit.  
Lord, help us not to be afraid to let go of old habits,  
And to face our spiritual poverty,  
In order that you may renew us, and so at Easter  
We will feel young again in our discipleship.*

*Flor McCarthy*

## Anniversary Masses

**Saturday 8<sup>th</sup> February - Sunday 16<sup>th</sup> March 2025**

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SAT 8 6.30pm BILL KEEGAN, Shanacloon  
CHRISTINA BRACKEN, Rowanville  
MICHAEL DUIGNAN, Ballysax.. 5th Anniversary  
JOE & ANN FITZSIMONS, Assumpta Villas  
Their daughter GERALDINE and the  
BRADY, BOYLAN & REYNOLDS FAMILIES, Cavan

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SUN 9 9 00am

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11.00am BRIAN 'BEANO' CAREY, Maryville & CAREY FAMILY  
And MAURA, JIM, JAMES O'ROURKE  
& MARIAN WILLAIMS  
PADDY BERGIN, Rowanville..2nd Anniversary  
JOE & ANGELA DOWLING, French Furze  
PEG & JOHNNY CULLEN, Maddenstown  
& AILSING O'ROURKE  
MARY & AUSTIN O'TOOLE, Watergrange  
CHRISTINA BRACKEN, Rowanville  
MICHAEL, BRIGID & JOHNNY BERGIN.

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MON 10 9.30am JOE MURPHY, Gormanstown  
MAIREAD MAHON, Claregate Street.  
AARON KIRWAN, Loughlion Green

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TUE 11 9.30am SEAN WHELAN Snr  
& SEAN WHELAN Jnr, French Furze Road.  
BERNARD GIBNEY, Rowanville

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WED 12 9.30am Deceased Members of THE CREEDON FAMILY.

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THU 13 9.30am

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FRI 14 9.30am

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SAT 15 6.30pm MRS TOLAN, Mayo

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SUN 16 9 00am LAR ROWAN, Tully East.  
MARY HEFFERNAN, Grey Abbey  
THOMAS, BRIGID & TOM DELANEY, Ballysax

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11.00am MICHAEL FITZPATRICK, Woodside Pk 10th Anniversary  
JOHN KINSELLA, Maddenstown and Deceased  
Members of THE KINSELLA FAMILY  
MICHAEL O'CARROLL, Maryville..7th Anniversary  
JIM & MARY BEHAN, Tully West and Deceased Members  
Of THE BEHAN FAMILY & DAVID GORDON

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We Remember  
SHARON BYRNE, Bishopsland  
AMBROSE (GANDY) SHEEDY, Dunmurray Hill  
Who have died,

We also remember  
JOE DOYLE, Melitta Park,  
whose anniversary occurs at this time  
and for whom mass will be offered.

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## CONFESSIONS

Confessions available each Saturday at 5.45pm

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### Mass Time

Week-day Morning Mass in St. Brigid's Parish Church  
Our week-day morning mass (Monday - Friday) celebrated at 9.30am.  
The Rosary will be prayed before mass

**In the event of a Funeral, the normal morning mass will NOT take place. Instead, it will be replaced by the Funeral Mass on that day.**

**Saturday: Vigil Mass 6.30pm  
Sunday: 9am and 11am**

Live Streaming of Masses from St. Brigid's Parish Church  
Log into: [mcnmedia.tv](http://mcnmedia.tv) - cameras - Kildare - St. Brigid's, Kildare Town.

Masses : Weekday: 9.30am

Saturday: 11am and Vigil Mass 6.30pm

Sunday: 9am and 11am

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## PLEASE NOTE

**The Church Yard is open  
for Church and Parish Centre Use**

**Monday to Friday  
9.00am – 12.30pm  
3.00pm – 4.30pm**

## **Funeral Ministry**

Kildare / Nurney / Kildangan have formed a Funeral Ministry Group which have received full training from members of the Diocesan Faith Development Services. This group will assist families in their time of need and great loss. The members help the family of the deceased to choose readings, select music for the funeral Mass and guide them through the entire funeral process which will provide an opportunity to celebrate the life and memory of their beloved. With this ministry we are looking to the future when the lay faithful will be more involved in carrying out ministries in our parishes.

The group formed are as follows: Marie Watson, Marcella Fullam, Alan O'Braoin, Esther Crowe, Mary Lennon and Ber Madigan

## **House Visits**

Fr. Adrian visits the housebound and sick once a month.

If you would like to be included in the visits, please contact the Parish Office on (045) 521352

## **Baptisms**

Please contact the Parish Office on 045 521352 during office hours 9.30am – 4pm to arrange a date,

## **Weddings**

Contact the Parish Office to book your date and for all information required

## **Parish Office**

The Parish Office is based in the Parish Centre – Aras Bhríde and is open Monday to Friday

**Office hours : 9.30am – 1pm and 2pm – 4pm.**

We can be contacted on: Ph : (045) 521352

Email: [kildareparish@gmail.com](mailto:kildareparish@gmail.com)

“There is a variety of gifts but always the same Spirit.  
There are all sorts of services to be done, but always to the same  
Lord”

Would you like to share some of your time and gifts with the life  
of our Parish in any of the following areas?

**Liturgy:** Readers, Ministers of the Eucharist, Collectors,  
Flowers etc for the Church

**Pastoral:** Preparation of children and parents for the sacraments  
of Baptism, Communion and Confirmation

**Communication:**

**Maintenance of Property:**

**Care of the Environment:**

**Would you like to reflect on what the call of the Gospel may be  
to us as a Community of Faith today?**

If you are interested, please contact any member of the Parish  
Pastoral Council, Fr. Adrian or Margie at the Parish Office.

**New Facebook Page:**  
St. Brigid’s Parish, Kildare Town

**Instagram:**  
st.brigids.parish.kildare

**Web page:**  
kildareparish.ie

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# Safeguarding

If you would like to know more about safeguarding in our Diocese, look at the Safeguarding section on [www.kandle.ie](http://www.kandle.ie).

If you ever wish to report a child or vulnerable adult safeguarding concern, please contact the Diocesan DLP on (085) 8021633 or the statutory authorities of the Gardai, TUSLA, HSE.

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## ***St. Brigid, Her Definitive Story, by Tom Madden.***

Meet St. Brigid as Child, Nun, Saint...

Her intriguing story will enrich you. The history of Irish Community life is fully captured in this book – ***St. Brigid, Her Definitive Story***, by Tom Madden.

It is a beautifully presented hard backed book published by Fitzwilliam Publishing and retails at €40 per copy. Trade discount 25%

Lavishly illustrated with original photographs and drawings that chronicle the early Irish monastic movement of which St. Brigid was a leader and innovator. This book is a ten-year thoroughly researched study of the spread of Celtic communities through Ireland and their embracing of Christianity.

St. Brigid's travels as theologian, educator, goldsmith and guest orator are explored as is her reputation as a prayerful miracle worker.

This book contains hitherto un-referenced details learned from the recorded lives of other contemporary saints who acknowledged her as mother patroness of all monasteries.

Her monastery at Kildare housed Schools, A scriptorium, Hospital, metal working and a most beautiful place for Divine worship.

The illustrations from all over Ireland are monuments to the care and inspiration of the communities where she served as educator extraordinaire.

***St. Brigid – Her Definitive Story***, is available from all local bookshops.

Or from : Tom Madden, Fitzwilliam Publishing, Assumpta Villas, Kildare town, Co Kildare R51 V020

Email: [thomasa4madden@gmail.com](mailto:thomasa4madden@gmail.com)

Ph 087 98138678



## **Kildare Drama Festival**

Thursday 6th – Friday 14th March,  
8pm nightly in CMWS HALL, Kildare Town R51 WN51  
Adjudicator Alan Haslett.

**Tickets €15 per night / Season Ticket €60 available on Eventbrite,  
Kildare Heritage Centre or nightly at the Door.**

Thu 6 – “The Seafarer” by Conor McPhearson, Enniscorthy Theatre Group

Fri 7 – “Thy will be done” by Michael Carey, Tinahely Variety Group

Sat 8 “The Weir” by Conor McPhearson, Brideview Drama Group

Mon 10 “Bailangaire” by Tom Murphy, Kilrush Drama Group

Tue 11 “Rathmines Road” by Deirdre Kinahan, Gorey Little Theatre

Wed 12 – To be Confirmed

Thu 13 “The Snapper” by Roddy Doyle, Clan Machua

Fri 14 “Ulster American” by David Ireland, Balally Drama Group.

A great night’s entertainment with a cuppa thrown in...

## **Kildare Tidy Towns**

We would ask everyone to help by keeping their own areas litter free & tidy. Beauty dies... Where litter lies ..

## **K & L Kildare Parish Co-Op Lotto Parish Lotto**

Draw Wednesday 5 March 2025. The numbers drawn were 5, 16, 17, 21. There was NO Jackpot winner. We had NO winner in the match 3 numbers game. Congrats also to ED LOFTUS, winner of the subscribers draw, promoter Rene Conneely Tickets €2 each from The Sweet Shop, Bernard Conway, Margie Sheridan, Fiona Reid, Ann Hill.

Thank You for your continued support. Next week’s jackpot will be €15,000.

## **Céili Mór**

Glor an Churraigh invites you to a Céilí in Cill Dara Golf Club on Thursday 13th March at 8pm. Fáilte roimh chach. Admission €5

## **Kildare Dementia Cafe**

The Dementia Cafe gathers on the last Thursday of every month from 2.30pm to 4.30pm at Kildare Community Development Centre (old Presentation convent) It is a welcoming space for people living with dementia and their families and friends to have a cup of tea and a chat. Each month there is a short talk given by a guest speaker. For any queries please contact Anne 0864411255

**KILDARE TOWN COMMUNITY SCHOOL**

*presents*

# **SISTER ACT**



**MARCH 26th,  
27th & 28th  
2025**

**TICKETS**

**AVAILABLE FROM  
SCHOOL OFFICE**

**Under 12's: €6**

**Adult/Teenager: €12**

**DOORS**

**OPEN**

**7 PM SHARP**

**Music by  
ALAN MENKEN**

**Lyrics by  
GLENN SLATER**  
**Additional Book Material  
DOUGLAS CARTER BEANE**

**Book by  
CHERI STEINKELLNER  
& BILL STEINKELLNER**

Orchestrations by Doug Besterman

Vocal and Incidental Music Arrangements by Michael Kosarin

Produced on Broadway by Whoopi Goldberg & Stage Entertainment in  
association with The Shubert Organization and Disney Theatrical  
Productions

Originally Production Developed in Association with Peter Schneider &  
Michael Reno and Produced by Stage Entertainment

World Premiere Produced by  
Pasadena Playhouse, Pasadena CA and Alliance Theatre, Atlanta GA  
Sheldon Epps, Artistic Director Susan V. Booth, Artistic Director  
Lyla White, Executive Director Tom Pechar, Managing Director  
Tom Ware, Producing Director

Based on the Touchstone Pictures Motion Picture "Sister Act"  
written by Joseph Howard

This amateur production is presented by arrangement with  
Music Theatre International

All authorised performance materials are also supplied by MTI  
[www.mtishows.co.uk](http://www.mtishows.co.uk)

## **Kildare Town Homeless Clinic**

Kildare County Council Housing Homeless Team will host an information clinic on Monday, 24th March in Teach Dara, Academy Street, Kildare Town – 2pm to 4pm. Telephone 045 980230.

## **The Relics of St. Thérèse of Lisieux and Her parents St. Louis & St Zelig Martin**

St. Peter & Paul's Church, Monasterevin

Saturday 22nd March @ 6.30pm Mass with Veneration afterwards

Sunday 23rd March @ 9am & 11.30am, Mass with Veneration afterwards

For further information please contact the Sweeney Family on 085 8887549

## **Solemn Novena to Our Lady of Perpetual Help in Sts Peter & Paul's Church, Monasterevin W34 KD61**

Monday 31 March – Friday 4 April.

Theme :HOPE Time : 7.30pm

Guest Speakers:

Mon 31 March - Bishop Paul Dempsey, Auxiliary Bishop of Dublin & Formerly PP Newbridge

Tue 1 April – Geraldine Mullan – Mum who lost her husband & 2 children tragically tells her story.

Wed 2 April – Sr Joy, Presentation sister who has worked in different ministries

Thurs 3 April – Cuan Mhuire – Centre for those battling addictions.

Fri 4 April – Bishop Denis Nulty, Bishop of Kildare & Leighlin.

## **Little Way Cancer Support Centre**

**Music Therapy –**

An experienced music therapist is offering individual music therapy sessions at the Little Way Cancer Support Centre. For more information please contact us. Ph 045 902996, email: [clane@little-way.org](mailto:clane@little-way.org).

We are delighted to announce that the Little Way Cancer Support Centre will be collaborating with Roches Breastcare Services to bring their services closer to you so you don't have to travel up to Dublin. If you are looking for a new or replacement prosthesis or bra then please contact us at 045902996 for more details of this new service.

St. Patrick's weekend POP-UP SHOP in Unit 2/3 Village Centre, Clane W91 CP03. Tel (045) 902 996. E: [clane@little-way.org](mailto:clane@little-way.org)

Wed 12 – Fri 14 March 10am – 4pm & St. Patrick's Weekend 11am – 2pm

Discover new & nearly new treasures, Beauty Giftsets, Accessories, Handbags, homeware, Books, Toys.

## **Marriage Encounter Weekend**

28-30 March 2025

Restore, Renew, Rekindle.

We welcome you to our next Marriage

Enrichment Weekend Friday 28th- 30th March 2025

Venue: Knock, Co. Mayo [www.marriageencounter.ie](http://www.marriageencounter.ie)

## **Seated Exercise Classes**

Classes for people with Arthritis takes place in Aras Bhríde each Wednesday morning at 10.30am sharp. Adm : €5 .. All Welcome

## **Graiguecullen MONSTER Bingo**

Tuesday 4th March

St. Fiaccs Hall @ 8.30pm.

Jackpot on 49 numbers €1870

Double number €600

Lotto €750

## **Kildare Town First Responders**

Why not join Kildare Community First Responders!!

New and past members always welcome

Do you live in Kildare Town?

Do you have a few hours every month to volunteer in your community??

Do you want to learn lifesaving skills??

No experience necessary

All training provided

Help make a difference in our community.

Email us [cfrkildaretown@gmail.com](mailto:cfrkildaretown@gmail.com) for more information

## **Cill Dara Wranglers**

Line Dancing .. come and learn... class each Tuesday evening in Aras Bhríde, 6.45pm – 9.30pm.... Beginners very welcome...

Contact Mag on 087 6344736 for more information.

## **QiGong & Wellbeing for Beginners**

Monday – 6.30pm – 7.30pm. Wednesday 10am – 11am

In Aras Bhríde – Kildare Town Parish Centre. Age Friendly

€15 walk-in / €60 block of 5 classes.

For more information contact Ambra – 087 1470210

## **Are you Handy?**

Caretaker/Maintenance person needed with the Kare Community

Employment Scheme 19.50 hours per week

\*You need to be eligible for Community Employment to apply -please check with your local Intreo office JOB Number : 2377855  
Expressions of interest to contact Elaine Nolan on 045-448700 or email CV to: elaine.nolan@kare.ie  
or contact your local Intreo office and enquire. Deadline 19 March 2025

## **PILGRIMAGES**

### **WIN A TRIP TO MEDJUGORJE**

Medjugorje Irish Centre Free Prize draw taking place on 1st April. Prize for one person includes 7 nights B&B, return airport transfer and flights up to €300.

To enter go to prize draw page on website

[www.med-irishcentre.com](http://www.med-irishcentre.com)

Tel. 01 443 4510 or email [reservations@med-irishcentre.com](mailto:reservations@med-irishcentre.com)

WhatsApp No: 00387 63 630 604

IRELAND: 00353 1 443 4510

Email: [reservations@med-irishcentre.com](mailto:reservations@med-irishcentre.com)

Website: [www.med-irishcentre.com](http://www.med-irishcentre.com)

### **Shrines of France**

Parish- Lisieux-Normandy Beaches – Honfleur

Monasterevin & Kildare escorted Group Pilgrimage. 5 Day Pilgrimage departing from Dublin, 28 April – 2 May 2025.

Accompanied by a Spiritual Director – Fr. Liam Merrigan PP & Fr Anthony O’Carm.

For more information contact Monasterevin Parish Office 525 346 or Carmelites office 521391 or Marian Pilgrimages (01) 878 8159

### **Carmelite Pilgrimage to Lourdes**

24th – 29th September 2025 – 5 nights.

Tour highlights

- Mass at the Grotto
- Anointing of the Sick
- Torchlight Procession
- Blessed Sacrament Procession
- International Mass.

Contact Carmelite White Abbey on 045 521391 or Joe Walsh Tours 01 241 0800

### **Diocesan Pilgrimage to Luxembourg**

Honouring Carlow Trained St Willibrord

Join Fr Thomas O’Byrne and our ecumenical friends from the Diocese of Leighlin as the Diocese and the Cathedral Parish travel to Luxembourg to partake in the Annual Hopping Procession in honour of Carlow trained St Willibrord, Patron Saint of the

Netherlands and the First Apostle of the Netherlands, from Sunday June 8th to Wednesday June 11th, 2025. St Willibrord spent twelve years in Co Carlow at Rath Melsigi, in the Parish of Tinryland, before leaving for the continent in 690AD. He is highly regarded in Belgium, Germany, Luxembourg and the Netherlands. Every year the town of Echternach, where he is buried, holds a centuries old UNESCO World Heritage Status Hopping Procession in his honour. The procession is known as the People Who Pray With Their Feet. In 2017 the people of Echternach presented Carlow Cathedral with his Relic. Bookings for this unique pilgrimage through Tully's Travel, Tullow Street, Carlow Town, Tel: 059 9136100, €685.00 per person sharing.

### **Kildare Indoor Bowls Club**

Meet in the Old Presentation Convent, Meadow Road, Kildare. R51 RF88. Every Tuesday and Friday from 7pm – 9pm. New members welcome. Contact John on 087 7417686

### **Kildare Community Garden**

Kildare Community Garden meet at Men's Shed, Campion Crescent. R51 EH21  
Each Monday & Friday from 11am – 1pm  
All are welcome and the kettle is always on.... Ph Mary on 087 9562158 ....  
For more information

### **St. Brigid's Parish Church 6.30pm FOLK GROUP**

Anyone interested in joining – singers – musicians are all welcome, just come along. The group meet from 5.30pm on Saturday evenings for practice. For more information contact Tony at 087 0920359

### **Jive and Line dance classes in CMWS Hall, Kildare**

Learn to jive, waltz, quickstep, slosh, country line dance & lots more – at CMWS Hall, Kildare Town (R51 WN51), Monday 7.30pm – 9pm. No partner necessary. €10 pay as you go. For more information contact 086 8690332

### **SVP Shop**

if you have any unwanted Christmas Gifts, please drop them to the shop. We are looking for donations of Paper Bags – all sizes. Opening hours 9.30am – 5.30pm, Monday to Saturday.

### **St. Conleth's Day Care Centre**

Have you spare time?

Volunteer driver needed for

St. Conleth's Day Care Centre. Category D1 licence essential.

We are also looking for Volunteers to deliver meals, 1 hour per week  
Contact Connie at 045 521748.

## **Cill Dara Irish Figure Dancing**

in De La Salle Hall, Kildare Town every Friday night

Beginners 6pm – 7pm

Grade D 6.30pm – 7.30pm

All other grades 7pm – 8.30pm.

All classes are €3 per child.

For more information follow our Facebook page: Cill Dara I.F.D.C.  
or ph 085 108 1847.

## **Monasterevin Ping Pong Club**

are looking for new members. Open to all adults or over 16's accompanied by a parent. The club meet every Monday 20.45pm to 22.00pm in Monasterevin Community Centre. For more information contact Pauline 087 061 2689. find us on Facebook: <https://www.facebook.com/monasterevinpingpong>

## **Art with Rebecca**

This Art Group meet in Teach Dara, Community & family Centre, Academy Street R51 D803, each Thursday morning from 10am to 12 noon.  
Cost €10. New Members welcome.

## **Nurney/ Kildangan Community Employment Project**

Nurney Kildangan Community Employment Project Limited by Guarantee have a number of vacancies in Nurney, Kildangan and Kildare Town. To enquire about these positions or to find out if you qualify for Community Employment, please contact the Project Supervisor Mary Byrne on 087 1745524

## **Ladies only SELF DEFENCE**

Classes Limited spaces – Female instructor. Saturdays 10am – 11am.  
Eircode R51 PK70. Book your space on [www.cilldaramartialartsacademy.com](http://www.cilldaramartialartsacademy.com)

## **Kildare Tidy Towns**

We would ask everyone to help by keeping their own areas litter free & tidy.  
“Beauty dies..... Where litter lies .. ... “

## **HUGG**

(Healing Untold Grief Groups)

New HUGG Kildare

Suicide bereavement support group, led by trained volunteers with lived experience of suicide loss.

To join visit [www.HUGG.ie](http://www.HUGG.ie)

Call: 01 513 4048

Email: [support@HUGG.ie](mailto:support@HUGG.ie)

## **Senior Line**

Would you like someone to talk to?? SeniorLine is Ireland's national telephone service for older people, open every day of the year 10am – 10pm. They can be contacted on Freephone 1800 80 45 91

## **Adult Literacy for Life**

Do you know in Ireland that almost 1 in 5 adults have difficulty with reading and writing? 1 in 2 have difficulty using digital devices?

If you or an adult family member would like support, you can contact : Kildare & Wicklow Education Training Board at 045 988000. This service is free and confidential.

## **Kildare Country Market**

New Bakers required due to increased demand!!

Drop in any Thursday morning to the Carmelite Hall, Kildare Town R51 X827

9.45 a.m. - 12 noon or contact us on Facebook: Kildare Country Market (cupcake icon) , INSTAGRAM Official Kildare Country Market

PH: 085 8445299 or Email: [officialkildarecountrymarket@gmail.com](mailto:officialkildarecountrymarket@gmail.com)

Just a reminder that Kildare country Market is on every Thursday morning from 9.45am – 12 noon in the hall beside the Carmelite Church in Kildare town. A wide selection of tasty home bakes available including bread, scones, tarts, cakes. Savoury meals also available as well as free-range eggs and homemade jams and marmalades. Drop in and have a cuppa n chat.

## **Kildare Town Men's Shed**

The group meet each Tuesday from 10.30am to 12 noon.

New members welcome. Contact Jimmy on 086 0655728

## **Mortgage Arrears / Abhaile Scheme**

Is your mortgage in arrears? Are you worried about losing your home? If so, you may be entitled to FREE Financial advice. This is a state funded service. For more information contact Financial Solutions Ireland on 085 8674883 or [www.fsireland.ie](http://www.fsireland.ie)

## **Good Morning Kildare'**

This service provides a FREE friendly phone call on a regular basis to adults in their own home or place of residence.

It is a friendly chat about everyday things e.g., Gardening, Cookery, Sport, TV, Pets etc. All calls are strictly private and confidential.

The phone operators are Garda Vetted.

The service operates from 9.15am to 2.30pm Monday to Friday.



'Good Morning Kildare' supports Independent Living & Social Connection. The service is supported by the HSE, DEASP, An Garda Síochána. If you are interested in availing of this service or you know somebody who would benefit, please contact 045-859037 / 045-870268 or E-mail:goodmorningkildare@yahoo.ie

### **Teach Tearmainn:-**

Working to end Domestic Violence.

Provides free and confidential emotional support, guidance and information.

provides short-term accommodation for women and children who are victims of domestic violence. Ph 045 527584.

### **Kildare Small Jobs**

The Kildare Small Jobs is a DIY property maintenance service for people over 65 living in County Kildare. For a subscription fee of €65 you will get up to 5 callouts. Each callout offers you two qualified, experienced, and insured KSJ Workers calling to your home for 1.5 hours, to get your small job done. There is no charge for us calling out to assess a job. For further information and a list of what jobs, we can do please feel free to call us on 086 060 7346

KILDARE SMALL JOBS is a Social Enterprise and a Community Employment initiative hosted by County Kildare LEADER Partnership, funded by The Department of Social Protection and Dorman Account Funding.

### **All-Ireland Pollinator Plan**

Avoid using insecticides, fungicides and herbicides These potent chemical cocktails are designed to kill various organisms. One of the best things you can do for pollinators is avoid using them. Why: Insecticides have been found to kill, harm, and disorientate pollinators. Herbicides kill the 'weeds' that provide them with important food. [www.pollinators.ie/top-ten-ways-to-help-pollinators/](http://www.pollinators.ie/top-ten-ways-to-help-pollinators/)

### **Mass**

Mass for the African Community celebrated in St. Brigid's Parish Church on the 3rd Sunday of each month. All Welcome

**Drug and Alcohol addiction knows no boundaries, You Are Not Alone, help is always available.**

**Please contact You Are Not Alone support group on 085-7872730 for a confidential and non-judgemental service.**

**Little Way Cancer Support Centre in Clane, Co. Kildare** is here to help anybody in our parish who is affected by cancer.  
Our services are free of charge for people affected by cancer (Patients and carers)



**We are here to help you!**

*Counselling,  
Complementary Therapies,  
Support Groups For Cancer Patients  
and their Carers*

**Our services are FREE of charge**

*Little Way Cancer Support Centre,  
2/3 Village Centre, Clane, Co. Kildare*

*Ph:045902996*

*email: [clane@little-way.org](mailto:clane@little-way.org)*

*[facebook.com/LWCSC](https://facebook.com/LWCSC)*

## **A message from an Garda Siochana**

An Garda Siochana wish to warn people of a doorstep fraud and theft offence which has become prevalent over the last number of weeks.

Elderly People are being targeted at their homes by Criminals who are impersonating Gardaí. The offenders are fraudulently pretending to be plain clothes Gardaí who are checking for dud money. They have duped people all around the country and stolen their cash on the pretence of checking to see if it is genuine money. They are producing false identification to assist the process.

### **Advice:**

- An Garda Siochana will never ask people about their finances on the doorstep of their homes and will never ask to check money
- Always ask for Identification and do not be afraid to question it. If in doubt politely tell the caller that you want to verify their true identity. If necessary contact your local Garda Station who will be able to establish quickly if the caller is a member of An Garda Siochana.
- Report any such activity to your local Garda Station even if you have not been the victim of a theft. That report could save a neighbour or someone else close by.
- Please check on elderly neighbours, family and friends and advise and reassure them

**Kildare Town Library**

All events at Kildare Town Community Library are free of charge and open to everyone. Some events may require booking.

To book or for more information, phone (045) 520 235 or email [kildarelib@kildarecoco.ie](mailto:kildarelib@kildarecoco.ie) and include your name and mobile number.

### MARCH NEWSLETTER

All events at Kildare Town Community Library are free of charge and open to everyone. Some events may require booking.

To book or for more information, phone (045) 520 235 or email [kildarelib@kildarecoco.ie](mailto:kildarelib@kildarecoco.ie) and include your name and mobile number.

### Sensory Pod and Sensory Toybox

Now available for booking at Kildare Town Library or just drop in when you are passing and check it out for yourself.

Those using it have access to a calming environment - for relaxation or de-escalation.

### Storytime for children aged 0 – 5 years

Fridays at 11am

Why not come along and join in the fun. Lots of new stories and songs for children under 5 years.

No Booking Required – Everyone Welcome!

### Online Coding Clubs with Kildare Town Library and Coding Ireland

Suitable for ages 7 - 18

Kildare Town Library is offering free self-taught and self-paced online coding classes for children through Coding Ireland.

Our online coding lessons, in collaboration with Coding Ireland, provide accessible resources for children and young adults to learn digital skills at home and at their own pace.

Join one of the Kildare Town coding clubs by clicking below.

[Book here for Ages 7 – 9](#)

[Book here for Ages 10 – 12](#)

[Book here for Ages 13 – 15](#)

[Book here for Ages 16 – 18](#)

### Children's Book Club

Friday 28th March 3.30 – 4pm Suitable for ages 8 - 12

Calling all bookworms aged between 8-12 - you are invited to join a new, exciting book club at Kildare Town Library. Join us for a lively discussion on what you loved or loathed about the chosen book. We will meet the last Friday of every month from 3.30pm – 4pm.

Places are limited so book a place as soon as possible to avoid disappointment. You can do this by contacting Kildare Town library - Phone: 045 520235 or email [kildarelib@kildarecoco.ie](mailto:kildarelib@kildarecoco.ie)

Movie with your teddy!

Saturday 1st March 2pm

Snuggle up with your favourite teddy and enjoy a movie at Kildare Town Library! Bring your coziest blanket, your cuddliest friend and settle for a fun film full of adventures and laughter.

Children must be supervised at all times.

AONTAS Adult Learners' Festival:

Introduction to Embroidery with artist Sarah Higgins

Thursday 6th March 6.30 – 7.30pm

Come along to learn some simple stitches to start your embroidery journey and to create an embroidery stitch sampler. Not only is learning a new craft good for your mental health but you can use this knowledge to repair clothes and also to create beautiful textile pieces.

Event is suitable for all ages, but children must be accompanied by an adult.

Book here for Introduction to Embroidery with artist Sarah Higgins

Retro Cinema Club

Wednesday 5th March 11am – 12pm

Step back in time with the Retro Cinema Club! Join us for a friendly gathering featuring classic films, delightful conversation, and a cozy cup of tea.

Whether you're a lifelong movie buff or simply looking for a relaxed way to spend your morning, this event is the perfect opportunity to enjoy nostalgic cinema and connect with others in Kildare Town Library.

No booking required – all welcome!

'A Chat About Books' Book Club

Wednesday 19th March 11am – 12pm

Have you ever read a book and said I wish I could talk to someone about it? - well this book club could appeal to you. We will meet every month to trade information and share what we have read in the last month. Not every book has to get the thumbs up but there will be an opportunity to take note of books that interest you. Afterwards you are welcome to order them at the library desk.

No Booking Required – All Welcome!

Midlands LGBT+ Book Club

Thursday 20th March 6.30 – 7.30pm

Kildare Town Library will be launching a new book club for adults in collaboration with Midlands LGBT+ Project, where we will focus on books with LGBTQ+ themes

or by LGBTQ+ authors. This month, we will be discussing The Mars House by Natasha Pulley. Copies of the book are available from the desk.  
To enquire about joining, email [kildarelib@kildarecoco.ie](mailto:kildarelib@kildarecoco.ie)  
or phone (045) 520 235.

#### Kildare Library Book Club

Thursday 27th March at 6.30pm

The Kildare Town Library book club meets on the last Thursday of every month.

New members are welcome and copies of this month's book can be collected from the main desk.

Enquiries to Kildare Library: 045 520235 or email [kildarelib@kildarecoco.ie](mailto:kildarelib@kildarecoco.ie)

#### Ciorcal Comhrá

Déardaoin 13ú agus 27ú Márta 3.00 – 4.30pm

Táimid go léir ag bailiú le chéile i Leabharlann Baile Chill Dara

Gach eolas ón leabharlann: Fón: 045 520235 / Ríomhphost [kildarelib@kildarecoco.ie](mailto:kildarelib@kildarecoco.ie)

Daoine Fásta – Adults

#### Community Craft Group

Wednesdays at 10am

Enquiries to Kildare Library - Phone: 045 520235

#### Get Crafty!

Thursdays at 6.30pm

Take some time-out for yourself to knit, sew, crochet, quilt – whatever your passion!

Everyone welcome – Enquires to Kildare Library - Phone: 045 520235

#### Employ Ability Services, Drop-in Clinic

Every Friday 10.00am – 1.00pm

Are you looking to return to work after illness, injury or disability? Or maybe you're an employer looking to take on new staff? We may be able to help.

Free and friendly advice for Job Seekers and Employers, provided by Employ Ability Service.

Drop in and chat to Gerard at the library any Friday from 10am – 1pm.

#### Behaviour Support for Your Neurodivergent Child with Eimear Kelly - Session 1

Thursday 13th March 7pm

Understanding Behaviour Needs and Tools to Create a Behaviour Support Plan for Home.

This opening session will provide an overview of neurodiversity and autism. We will look at behaviour from a needs-based, communication-based and functional perspective. We will explore tools and strategies that can provide an understanding of why a behaviour is happening, how the environment can impact behaviour and what is the communication attempt behind that behaviour. When we know what is driving

the behaviour, we can then create a plan of individualised and person-centred strategies that can support that young person.

Book here for Understanding Behaviour Needs and Tools to Create a Behaviour Support Plan for Home.

#### Session 2

Thursday 27th March 7pm

#### Practical Strategies Part 1

This session will explore the importance of proactive strategies, proactive meaning before the behaviour occurs. Proactive strategies can be used to enable the young person to engage in behaviours that will support and increase their quality of life, wellbeing and their feelings of happiness, confidence and independence. Proactive strategies can also be used to decrease the levels of overload, anxiety or overwhelm felt in certain situations.

Book here for Practical Strategies Part 1

#### Session 3

Thursday 3rd April 7pm

#### Practical Strategies Part 2

This session will explore the importance of reactive strategies, reactive meaning after the behaviour has occurred. Reactive strategies can be used when the young person is already feeling overloaded, highly anxious or overwhelmed. These strategies can support the young person to return to a regulated and relaxed state, while providing them with a sense of validation, compassion and a feeling of safety.

Book here for Practical Strategies Part 2

#### Session 4

Thursday 10th April

#### Putting the Plan Together and Q&A (workshop on attendee's specific needs)

This final session will look at putting all the strategies together so that attendees will leave the training with a workable plan that they can use at home. We will look at real life examples of how behaviour support strategies can be implemented, along with skills on how to adapt and change the plan depending on the evolving needs of your child. The session will finish with a Q&A on attendee's specific needs and questions.

Book here for Putting the Plan Together and Q&A

#### Age Friendly Coffee Mornings for over 55s

Wednesdays 5th and 19th March 10am – 12.30pm

Join us in Kildare Library for tea, coffee, or just a chat. Browse the newspapers or magazines at your leisure. Our staff will be happy to tell you about all the free events and services available to you through your local library.

No Booking Required – Everyone Welcome!

#### Library Groups & Regular Events

Book Clubs · Story Time · Craft Groups · Ciorcal Comhrá/Irish Language Group

For more information on our regular events, please contact the library.

## Online Library Services

### Your Library Account Online

Search and request items, renew items on loan, opt-in to SMS/email notifications for requests and more - [login here](#)

### Library eServices

FREE eBooks, audiobooks, music, eMagazines, online courses and much more - visit our [Online Services page](#)