

Sunday 6th October 2024

27th Sunday in Ordinary Time

NEWSLETTER

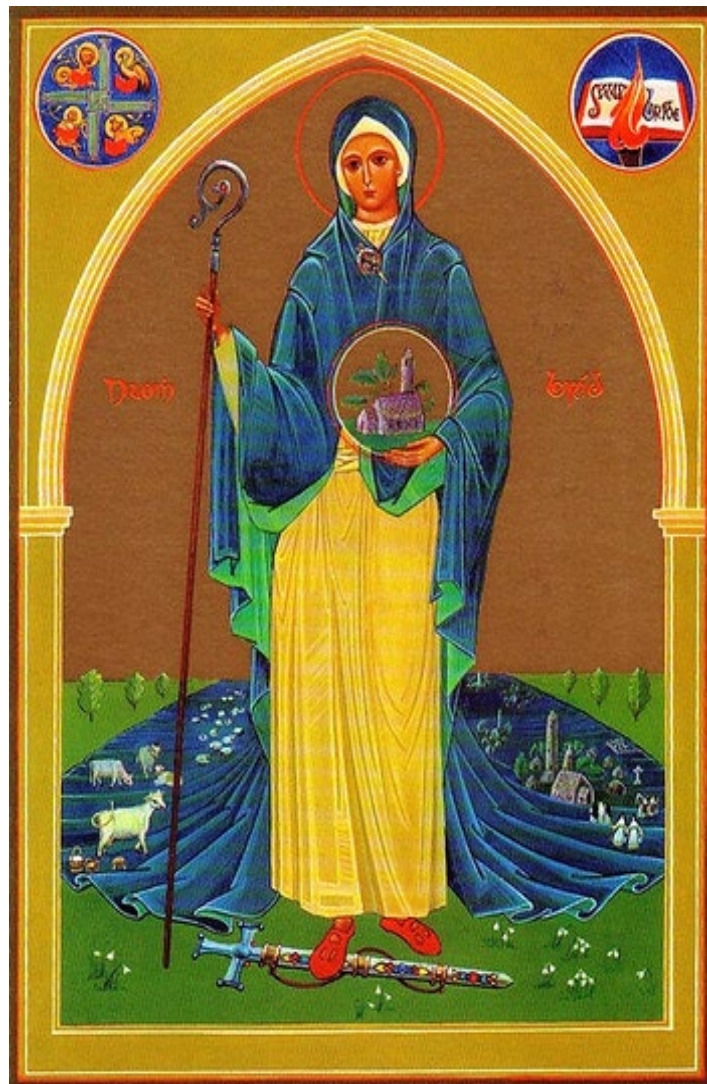
St. Brigid's Parish, Kildare Town
Fr. Adrian Carbery, PE CC (045) 521900

Parish Office, Áras Bhríde. (045) 521352

E-mail – kildareparish@gmail.com Website – www.kildareparish.ie

RCN 20015848

Safeguarding Officers: Fiona Reid c/o Kildare Parish Office
Bernadette Madigan, c/o Nurney/ Kildangan Parish Office



Brigid

You were a woman of peace.
You brought harmony where there was conflict.
You brought light to the darkness.
You brought hope to the downcast.
May the mantle of your peace cover those
who are troubled and anxious,
and may peace be firmly rooted in
our hearts and in our world.
Inspire us to act justly and to
reverence all God has made.
Brigid you were a voice
for the wounded and the weary.
Strengthen what is weak within us.
Calm us into a quietness that heals and listens.
May we grow each day into greater wholeness
in mind, body and spirit. Amen.

(author unknown)

Anniversary Masses

Saturday 5th - Sunday 13th October 2024

SAT 5 6.30pm MATT WALSH, Maryville
MARGARET KELLY, St. Barbara's Park
LARRY McCABE, Campion Crescent

SUN 6 9.00am ANN MARIE HIGGINS & JOHN HIGGINS, Assumpta Villas

11.00am JULIA JUDY MURPHY, Lourdesville
PADDY LOUGHLIN, Leitrim

MON 7 9.30am MICK KELLY, Campion Crescent

TUE 8 9.30am

WED 9 9.30am MRS KLEPP, Recently Deceased

THU 10 9.30am

FRI 11 9.30pm

SAT 12 6.30pm **CHRISTUM MURTAGH, Months Mind** and
CHRISTY MURTAGH, Dunmurray Court 1st Anniversary
JIM & CHRIS FLAVIN, Station Road and Deceased
Members of THE FLAVIN & MURRAY FAMILIES

SUN 13 9.00am

11.00am LOUIS FLYNN, Woodside Pk 3rd Anniversary
MARY BRETT, French Furze Rd
ROSE EARLEY, Old Road and Deceased Members of
THE EARLEY & KENNA FAMILIES.

We Remember

DR. PATRICIA COLLINS, Grey Abbey Road
ANDREW BRADY, Allenwood and Newtown

who have died and for who mass will be offered

PLEASE NOTE

CONFESSIONS

have moved to a new time

Confessions available each Saturday at 5.45pm

Mass Time

Week-day Morning Mass in St. Brigid's Parish Church
Our week-day morning mass (Monday - Friday) celebrated at 9.30am.
The Rosary will be prayed before mass

In the event of a Funeral, the normal morning mass will NOT take place. Instead, it will be replaced by the Funeral Mass on that day.

Live Streaming of Masses from St. Brigid's Parish Church
Log into: www.mcn.live - Kildare - St. Brigid's, Kildare Town.

Masses :

Weekday: 9.30am

Saturday: 11.00am Liturgy of the Word with Holy Communion

6.30pm Vigil Mass

Sunday: 9.00am

11.00am

The Church is open each day until 4.00pm

Mass for the African Community celebrated in
St. Brigid's Parish Church on the 3rd Sunday of each month.
All Welcome

PLEASE NOTE

The Church Yard is open for Church and Parish Centre Use

**Monday to Friday
9.00am – 12.30pm
3.00pm – 4.30pm**

Funeral Ministry

Kildare / Nurney / Kildangan have formed a Funeral Ministry Group which have received full training from members of the Diocesan Faith Development Services. This group will assist families in their time of need and great loss. The members help the family of the deceased to choose readings, select music for the funeral Mass and guide them through the entire funeral process which will provide an opportunity to celebrate the life and memory of their beloved. With this ministry we are looking to the future when the lay faithful will be more involved in carrying out ministries in our parishes.

The group formed are as follows: Marie Watson, Marcella Fullam, Alan O’Braoin, Esther Crowe, Mary Lennon and Ber Madigan

House Visits

Fr. Adrian and Fr. Locky visit the housebound and sick once a month. If you would like to be included in the visits, please contact the Parish Office on (045) 521352

Baptisms

Please contact the Parish Office on 045 521352 during office hours 9.30am – 1pm and 2pm - 4pm to arrange a date

Weddings

Contact the Parish Office to book your date and for all information required

Parish Office

The Parish Office is based in the Parish Centre – Aras Bhríde and is open Monday to Friday

Office hours : 9.30am – 1pm and 2pm – 4pm.

We can be contacted on: Ph : (045) 521352

Email: kildareparish@gmail.com

“There is a variety of gifts but always the same Spirit.
There are all sorts of services to be done, but always to the same Lord”

Would you like to share some of your time and gifts with the life of our Parish in any of the following areas?

Liturgy: Readers, Ministers of the Eucharist, Collectors, Flowers etc for the Church

Pastoral: Preparation of children and parents for the sacraments of Baptism, Communion and Confirmation

Communication:

Maintenance of Property:

Care of the Environment:

Would you like to reflect on what the call of the Gospel may be to us as a Community of Faith today?

If you are interested, please contact any member of the Parish Pastoral Council, Fr. Adrian or Margie at the Parish Office.

Keep in touch with the Parish on

Facebook Page:

St. Brigid's Parish, Kildare Town

Instagram:

st.brigids.parish.kildare

Web page:

kildareparish.ie

DONATIONS

You can donate through our website: kildareparish.ie and clicking on the DONATE BUTTON.... and follow the link....

Safeguarding

If you would like to know more about safeguarding in our Diocese, look at the Safeguarding section on www.kandle.ie.

If you ever wish to report a child or vulnerable adult safeguarding concern, please contact the Diocesan DLP on (085) 8021633 or the statutory authorities of the Gardai, TUSLA, HSE.

Run to Remember

5K Run – Jog – Walk



**Sunday 3rd November 2024 at 12pm
Kildare Town**

*Your person being remembered will be added
to the memory wall*

**ALL REGISTERED WILL RECEIVE A
REMEMBRANCE CANDLE
CHIP TIMED**

Adults - €15.00 - Child - €7.50 - Family - €35.00



Register : www.justrunsevents.ie

**RUN TO REMEMBER
Registration is NOW OPEN
for the
ANNUAL RUN TO REMEMBER**

**taking place Sunday 3 November,
Register at: www.justrunsevents.ie**

CALLING ALL CRAFTERS
Christmas Craft Fair in ARAS BHRIDE on Sunday
17th November, booking now being taken for tables. Contact
Parish Office on 045 521352 / email [kildareparish@gmail.com/](mailto:kildareparish@gmail.com)

BOXES OF PARISH ENVELOPES

are available for collection from the
PARISH OFFICE
MONDAY to FRIDAY
during office hours...
9.30am – 1pm and 2pm – 4pm
If you don't already have a box
and would like to support the parish
contact the office on
045 521352

First Holy Communion 2025

If any Parent / Guardian missed the Registration Meeting please call to the Parish Office (during office hours 10am – 1pm and 2pm – 4pm Monday to Friday) to complete the Registration Form and if your child was Baptised outside of Kildare Parish you MUST provide a copy of their Baptism Certificate to the Office

Rosary at the Grotto

Takes place Each Thursday evening at 7pm during the month of October at St. Brigid's Parish Church. All are welcome

'Imagining Ireland'

talks by historian John Dorney on 'Disappointed Revolutionaries', author Paul O'Brien on Sean O'Casey and Dr Morgan Wait on Rathangan's Maura Lavery. Saturday October 12th Starting at 10, finishing at 1pm. Venue - The Old Schoolhouse, Rathangan. To book a place email - Rathangan2024@gmail.com

Catholic Marriage Encounter

Catholic Marriage Encounter in Ireland is a Weekend experience is for married couples who want something more in their marriage - more fun, spontaneity, excitement, communication, understanding, romance, intimacy, passion, joy. Our next Marriage Enrichment Weekend is Friday 8 - 10 November 2024
Venue: Focolare Centre, Prosperous, Co. Kildare
Online booking only: www.marriageencounter.ie

Visit of the Relics of St. Bernadette

Cathedral of the Assumption, Carlow, Monday 7th October Times to be confirmed
Church of St's Peter & Paul, Portlaoise Tuesday 8th October Times to be confirmed
“Our Diocese has a deep association with Lourdes with many Parish Pilgrimages each year & some very memorable Diocesan Pilgrimages. The visit of the relics of St. Bernadette allows us all to experience the special gifts and charism of Lourdes”.
+Denis Nulty For further information visit www.kandle.ie www.stbernadette.ie

Women's Introduction to Badminton

for beginners or women returning to badminton. A 6 week course with full qualified Badminton Ireland Coach, starts Monday 30th September @8pm in Kildare Town Community School, R51 D288. FREE – No charge and equipment supplied. For further info and book in please contact Teresa 087 3627702

Irish Heart Foundation

2 in 3 adults over 50 have high blood pressure, but half don't know it
Free Blood Pressure & Pulse Checks with The Irish Heart Foundation at Dunnes Stores, Newbridge, Friday 11th October 9am – 4.45pm

Seeking Volunteers

The Irish Cancer Society is seeking compassionate volunteer drivers in our community. Your time can help to continue the vital service of providing transport for patients attending cancer treatment appointments.

If you have a few hours to spare, a valid driving license, and a safe, reliable vehicle, you're the perfect candidate to make a significant difference. Your generosity can ease the journey for many during a challenging time, offering comfort and support when it's needed most.

For more information and to become a volunteer driver, please contact Monica at volunteer@irishcancer.ie.

Message from Gardai to Parishioners

Important Reminder

Please be aware that the Garda do not call looking to check if your money is counterfeit and take it from you. Another such theft occurred in Laois. Stay vigilant and protect yourself from fraud.

Parish Lotto

Draw held Wednesday 2 October 2024. The numbers drawn were 1, 9, 13, 23. There was NO Jackpot winner. We had 2 winners in the match 3 numbers game. Congrats to MARY WILSON, promoter Ann Hill and PAT FLATTERY, promoter Bernard Conway who won €34 each. Congrats also to PAT O'SULLIVAN winner of the subscribers draw, promoter Margie Sheridan. Tickets €2 each from The Sweet Shop, Bernard Conway, Margie Sheridan, Fiona Reid, Ann Hill. Thank You for your continued Support. Next week's jackpot will be €17,000.

QiGong& Wellbeing for Beginners

Monday – 6.30pm – 7.30pm

Wednesday 10am – 11am

In Aras Bhríde – Kildare Town Parish Centre. Age Friendly

€15 walk-in / €60 block of 5 classes.

For more information contact

Ambra – 087 1470210

Newbridge Kildare Lions Club

Annual Sponsored 6K Fun & Health Walk on the Curragh lands and Racecourse takes place Sunday 13 October, by kins permission of The Curragh Racecourse.

2.15pm assemble at Quirke's Gate, Melitta Road. Water & snacks will be available.

Sponsorship Cards with schools. The proceeds will be dispersed between the participating schools and our Lions Club supported work in the Community.

Solas Bhríde Centre & Hermitages, Tully Road, Kildare Town,

Sacred Circle Dance at Solas Bhríde

Join us for the first of our Autumn Dance which will form one of our programme of events during the Season of Creation.

Dates: 18th September 16th October 20th November.

Time: 7:30 pm - 9:00 pm

Cost: €15.00 per session

Kildare Indoor Bowls Club

Has a new home at Old Presentation Convent, Meadow Road, Kildare. R51 RF88.

Every Tuesday and Friday from 7pm – 9pm. New members welcome. Contact John on 087 7417686

Kildare Dementia Cafe



The Dementia Cafe gathers on the last Thursday of every month from 230pm to 430pm at Kildare Community Development Centre (old Presentation convent)

It is a welcoming space for people living with dementia and their families and friends to have a cup of tea and a chat. Each month there is a short talk given by a guest speaker.

FRANCES BLACK in concert with Monasterevin Gospel Choir

Thursday 17th October at 8pm in Sts Peter & Paul's Church Monasterevin, in aid of St Peter's & Paul's Church & Monasterevin Day Care Centre.

Book your ticket €25, from Early's Fashion Shop 045 525395 or Parish Office Monasterevin 045 525346

Jive and Line dance classes

in CMWS Hall, Kildare

Learn to jive, Waltz, Quickstep, Country Line Dance and lots more. Beginners/ advanced – Monday's 7.30- 8.30pm.

Total Beginners Tuesday 7pm – 8.15pm. Everyone welcome, guaranteed to be the best form of exercise. No partner required. €10 pay as you go. Text Noeleen 086 8690332 to book your place.

Art with Rebecca

This Art Group meet in Teach Dara, Community & family Centre, Academy Street R51 D803, each Thursday morning from 10am to 12 noon.

Cost €10. New Members welcome.

Nurney/ Kildangan Community Employment Project

Nurney Kildangan Community Employment Project Limited by Guarantee have a number of vacancies in Nurney, Kildangan and Kildare Town. To enquire about these positions or to find out if you qualify for Community Employment, please contact the Project Supervisor Mary Byrne on 087 1745524

Runners and Walkers wanted for Outrun Hunger 5k

Whether you run, jog, or walk you can help St Clare's Hospitality Food Kitchen, Carlow 'Outrun Hunger.'

Sat Oct 19th 10am - Carlow Rugby Club, Oak Park, Carlow R93 RX25

Registration opens 8.30am

Refreshments & prize-giving afterwards in Carlow Rugby Club,

T-shirts, medals & refreshments for all participants.

1. Adult Entry €20

2. U18 Entry: €5 - u18s must be accompanied by an adult.

3. Team of 4 - Corporate Team Challenge Cup: €200 - any 4 adults from a business

PILGRIMAGES

Medjugorje Pilgrimages April – Oct 2024.

7 Nights Apartment B&B from €273 per person sharing. Airport transfer available on request. Contact us for details and book the dates that suit you.

Tel. 01 4434510 or website www.med-irishcentre.com

MEDJUGORJE: 00387 36 651 518

IRELAND: 00353 1 443 4510

Email: reservations@med-irishcentre.com

Website: www.med-irishcentre.com

Pilgrimages for 2025

Special Kildare/Carlow Pilgrimage (Limited availability) to Fatima EX Dublin Easter 2025.

LAST REMAINING SEATS

13th June 2025 for Feast of Saint Anthony.

13th October 2025 for Miracle of Sun

Flying with TAP Airlines

Contact James Treacy 061-921470 email: jamestreacyphotography@gmail.com

Payment can be made by instalments

All-Ireland Pollinator Plan

Local communities can lead the way in creating an Ireland where pollinators can thrive. Our Bees and other pollinating insects are in trouble.

The good news is that you can help by making your garden pollinator friendly. Every garden, no matter its size, can be a haven for hungry pollinators. Download the set of pollinator friendly garden guidelines www.pollinators.ie

Ladies only SELF DEFENCE

Classes Limited spaces – Female instructor. Saturdays 10am – 11am.

Eircode R51 PK70. Book your space on www.cilldaramartialartsacademy.com

Vision Ireland

Newly RE-Opened store (VISION IRELAND)

Pop in bargains galore,!!

Unit T3, Nugent St, Station Road, Kildare Town.

HUGG

(Healing Untold Grief Groups)

New HUGG Kildare

Suicide bereavement support group, led by trained volunteers with lived experience of suicide loss.

To join visit www.HUGG.ie

Call: 01 513 4048 / Email: support@HUGG.ie

Kildare Community Garden

Kildare Community Garden meet at Men's Shed, Campion Crescent. R51 EH21

Each Monday & Friday from 11am – 1pm

All are welcome and the kettle is always on.... Ph Mary on 087 9562158

For more information

St. Conleth's Day Care Centre

The Centre is now OPEN to NEW CLIENTS. It is open Monday to Friday 9.30am – 3.30pm. The clients will be collected and brought back home by bus. For more information contact Connie, on 045 521748

**SVP We are looking for donations of Paper Bags – all sizes.
Opening hours 9.30am – 5.30pm, Monday to Saturday.**

Senior Line

Would you like someone to talk to?? SeniorLine is Ireland's national telephone service for older people, open every day of the year 10am – 10pm. They can be contacted on Freephone1800 80 45 91



Cill Dara Wranglers

Line Dancing .. come and Learn... class each Tuesday evening in Aras Bhríde, 6.45pm – 9.30pm.... Beginners very welcome...

Contact Mag on 087 6344736 for more information.

Eagle Martial Arts

– Kildare Town, each Wednesday in Gael Scoil Mhic Aodha, Kildare.

Juniors 6-7pm, Teens/Adults 7-8pm.

With Darren Brady, Self Defence Expert, 2nd Dan Black Belt.

Ph 085 1158367.

We are open all summer long, new members always welcome to our inclusive club where positivity is the key to growth

Family Carers Ireland

Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact 057 93 70221 and hear how we can support you or for more info visit www.familycarers.ie.

Cill Dara Irish Figure Dancing

in De La Salle Hall, Kildare Town every Friday night

Beginners 6pm – 7pm

Grade D 6.30pm – 7.30pm

All other grades 7pm – 8.30pm.

All classes are €3 per child.

For more information follow our Facebook page: Cill Dara I.F.D.C.

or ph 085 108 1847.

Monasterevin Ping Pong Club

are looking for new members. Open to all adults or over 16's accompanied by a parent. The club meet every Monday 20.45pm to 22.00pm in Monasterevin Community Centre. For more information contact Pauline 087 061 2689. find us on Facebook: <https://www.facebook.com/monasterevinpingpong>

Adult Literacy for Life

Do you know in Ireland that almost 1 in 5 adults have difficulty with reading and writing? 1 in 2 have difficulty using digital devices?

If you or an adult family member would like support, you can contact : Kildare & Wicklow Education Training Board at 045 988000. This service is free and confidential.

Kildare Country Market

New Bakers required due to increased demand!!

Drop in any Thursday morning to the Carmelite Hall, Kildare Town R51 X827

9.45 a.m. - 12 noon or contact us on Facebook: Kildare Country Market (cupcake icon) , INSTAGRAM Official Kildare Country Market
PH: 085 8445299 or Email: officialkildarecountrymarket@gmail.com

Just a reminder that Kildare country Market is on every Thursday morning from 9.45am – 12 noon in the hall beside the Carmelite Church in Kildare town. A wide selection of tasty home bakes available including bread, scones, tarts, cakes. Savoury meals also available as well as free-range eggs and homemade jams and marmalades. Drop in and have a cuppa n chat.

Kildare Town Men's Shed

The group meet each Tuesday from 10.30am to 12 noon.
New members welcome. Contact Jimmy on 086 0655728

Mortgage Arrears / Abhaile Scheme

Is your mortgage in arrears? Are you worried about losing your home? If so, you may be entitled to FREE Financial advice. This is a state funded service. For more information contact Financial Solutions Ireland on 085 8674883 or www.fsireland.ie

Kildare Tidy Towns

Kildare Tidy Towns -. We would ask everyone to help by keeping their own areas litter free & tidy. “Beauty dies Where litter lies “

Good Morning Kildare'

This service provides a FREE friendly phone call on a regular basis to adults in their own home or place of residence.

It is a friendly chat about everyday things e.g., Gardening, Cookery, Sport, TV, Pets etc. All calls are strictly private and confidential.

The phone operators are Garda Vetted.

The service operates from 9.15am to 2.30pm Monday to Friday.

'Good Morning Kildare' supports Independent Living & Social Connection.

The service is supported by the HSE, DEASP, An Garda Síochána.

If you are interested in availing of this service or you know somebody who would benefit, please contact 045-859037 / 045-870268 or

E-mail: goodmorningkildare@yahoo.ie

Community First Responders

Do you live in Kildare Town?

Do you have a few hours every month to volunteer in your community??

Do you want to learn life saving skills??

No experience necessary

All training provided

Help make a difference in our community.

Email us cfrkildaretown@gmail.com for more information

Teach Tearmainn:-

Working to end Domestic Violence.

Provides free and confidential emotional support, guidance and information.

provides short-term accommodation for women and children who are victims of domestic violence. Ph 045 527584.

Kildare Small Jobs

The Kildare Small Jobs is a DIY property maintenance service for people over 65 living in County Kildare. For a subscription fee of €65 you will get up to 5 callouts. Each callout offers you two qualified, experienced, and insured KSJ Workers calling to your home for 1.5 hours, to get your small job done. There is no charge for us calling out to assess a job. For further information and a list of what jobs, we can do please feel free to call us on 086 060 7346

KILDARE SMALL JOBS is a Social Enterprise and a Community Employment initiative hosted by County Kildare LEADER Partnership, funded by The Department of Social Protection and Dorman Account Funding.

All-Ireland Pollinator Plan

Avoid using insecticides, fungicides and herbicides These potent chemical cocktails are designed to kill various organisms. One of the best things you can do for pollinators is avoid using them. Why: Insecticides have been found to kill, harm, and disorientate pollinators. Herbicides kill the ‘weeds’ that provide them with important food. www.pollinators.ie/top-ten-ways-to-help-pollinators/

Treasure Ireland

A new video series launched recently by the Irish Dominicans is an ambitious project that will take the friars to every county in Ireland, filming roughly ten videos in each county, highlighting the many and varied stories that make up the history of Irish Christianity.

The series is currently focussed on the counties which overlap with the territory of the diocese of Kildare and Leighlin: Laois, Kildare, Carlow, and (soon!) Kilkenny.

Some of the sites visited include Timahoe, the Rock of Dunamase, and the Brownhill Dolmen. The story of Jesuit photographer, Fr Frank Browne, is told in a video recorded in Emo Court, and that of pioneering scientist, Fr Nicholas Callan, in a video from Maynooth.

The stories of the great saints of these counties feature prominently: there are videos on St Brigid, St Mochua, St Moling, St Fergal of Aghaboe, and the Dominican martyr, Blessed Peter O’Higgins. There’ll soon be added to that list the stories of two great bishops of Kildare and Leighlin: Daniel Delany (d. 1814) and James Doyle (d. 1834), also known as J.K.L. (‘James of Kildare and Leighlin’).

All of these stories are told in a way designed to interest believers and non-believers alike, showing, bit by bit, that the Gospel is woven inseparably into the fabric of Irish history.

The videos can be viewed on <https://www.kandle.ie/treasure-ireland/> and <https://www.youtube.com/irishdominicans>

Drug and Alcohol addiction knows no boundaries,
You Are Not Alone, help is always available.
Please contact You Are Not Alone support group
on 085-7872730 for a confidential and non-judgemental service.

Kildare Town Library

All events at Kildare Town Community Library are free of charge and open to everyone. Some events may require booking.

To book or for more information, phone (045) 520 235 or emailkildarelib@kildarecoco.ie and include your name and mobile number.

Employ Ability Services, Drop-in Clinic
Every Friday, 10.00am – 1.00pm

Are you looking to return to work after illness, injury or disability? Or maybe you're an employer looking to take on new staff? We may be able to help.
Free and friendly advice for Job Seekers and Employers, provided by Employ Ability Service.

Drop in and chat to Gerard at the library any Friday from 10am – 1pm.

Sensory Pod & Sensory Toybox

– now available for booking at Kildare Town Library or just drop in when you are passing and check it out for yourself.

Those using it have access to a calming environment - for relaxation or de-escalation.



Kildare Town Youth Project

The Hive
Main Street
Kildare Town
Kildare
R51CX52

Groups and workshops in Kildare Town Youth Project over the coming months.

Monday:

Young Women's Group (ages 14-18)

Monday 4:00 pm to 6pm

This group is for young women who want this space to work on building positive relationships. They can discuss and work on issues that affect young people in their local area

and wider society, with a specific focus on young women's issues.

LGBTQ Group (ages 14-18)

Mondays 6.30pm-8pm

This is a supportive drop in space for LGBT+ young people to come in to meet up with their peers.

Tuesday

Junior Drop In (ages 12-15) Mixed Gender 4.00pm to 6.00

A safe space where young people can drop in and have a chat, a bite to eat and generally 'hang out'.

Senior Drop In (ages 16-18) Mixed Gender 6.00pm to 8.30pm

A safe space where young people can drop in and have a chat, a bite to eat and generally 'hang out'.

Wednesday

Climate Action Workshop (ages 12+) 4.30pm-6pm

This is based on areas relating to climate change and all things related to the environment with a specific focus on their local area.

Comhairle 6.00pm to 8.00pm (ages 12 to 18)

Kildare Town also has a Comhairle group was set up to give children and young people (under the voting age of 18) a voice in the development of local services and policies. All Local Authorities have regular meetings of Comhairle na nÓg, which link with adult decision-making bodies. This group is for young people.

Thursday

Young Men's Group

This group is for young men that come in, have some food, chat and engage in youth led activities. They will be engaging in some work with our new garden/activity space throughout the year so that young people their age have a space to use in their community. They will also be working alongside the local community gardens and men's shed through which they will learn new skills and get to know more about other community members.

Friday

Monasterevin

Mixed group 1.15 to 2.30pm

This group will be working on some activities that they will decide on over the coming months such as cultural events. Community involvement are paramount in this group.

1st Year Group 2.30 to 3.30

This group is very active in their community by participating in any events that take place in Monasterevin. They are also conscious of the importance of the peer support network they have created in their youth space and are always very welcoming to any young people that join. This year, they will be participating in this year's St Brigid's Day Parade in Kildare Town. They also want to work on issues about climate change that are affecting their local community.

Monasterevin Comhairle 4pm to 5 pm

Kildare Town also has a Comhairle na nÓg group in Monasterevin who are currently working on a podcast. Comhairle groups were set up to give children and young people (under the voting age of 18) a voice in the development of local services and

policies. All Local Authorities have regular meetings of Comhairle na nÓg, which link with adult decision-making bodies. This group is for young people aged 12-18.

Kildare Town music group 6 to 8pm

Other

We are a needs-based service and are always open to developing new groups. If there are young people who would like to form their own groups, they can get in contact with us via phone or email to discuss.

If you feel any of these groups may be of interest, we can forward you on more details

i.e., a poster, parent information packs and registration forms.

Ger: 083-467 8030 geraldine.hamill@insync.ie

Elaine: 087-125 4897 elaine.whelan@insync.ie

Little Way Cancer Support Centre in Clane, Co. Kildare is here to help anybody in our parish who is affected by cancer.

Our services are free of charge for people affected by cancer (Patients and carers)



We are here to help you!

Counselling,

Complementary Therapies,

Support Groups For Cancer Patients

and their Carers

Our services are FREE of charge

*Little Way Cancer Support Centre,
2/3 Village Centre, Clane, Co. Kildare*

Ph:045902996

email: clane@little-way.org

facebook.com/LWCSC

A message from an Garda Siochana

An Garda Siochana wish to warn people of a doorstep fraud and theft offence which has become prevalent over the last number of weeks.

Elderly People are being targeted at their homes by Criminals who are impersonating Gardaí. The offenders are fraudulently pretending to be plain clothes Gardaí who are checking for dud money. They have duped people all around the country and stolen their cash on the pretence of checking to see if it is genuine money. They are producing false identification to assist the process.

Advice:

- An Garda Siochana will never ask people about their finances on the doorstep of their homes and will never ask to check money
- Always ask for Identification and do not be afraid to question it. If in doubt politely tell the caller that you want to verify their true identity. If necessary contact your local Garda Station who will be able to establish quickly if the caller is a member of An Garda Siochana.
- Report any such activity to your local Garda Station even if you have not been the victim of a theft. That report could save a neighbour or someone else close by.
- Please check on elderly neighbours, family and friends and advise and reassure them