

Kildare Notes

Parish Lotto

Draw held Wednesday 8 February 2023 . Numbers Drawn were 2, 15, 22, 26..... There was no Jackpot winner. We had no winners in the match 3 numbers game, Congrats o to JULIA FOY - winner of the subscribers draw, promoter Bernard Conway.. Tickets - €2 each from, The Sweet Shop, Bernard Conway, Margie Sheridan, Fiona Reid, Ann Hill. Thank You for your continued Support. Next week's jackpot €14,000.

Clinic

Senator Mark Wall holds a Clinic in Aras Bhríde (beside Parish Church) on 1st & 3rd Monday of each month from 5.30pm – 6.30pm.. Next Clinic takes place Monday 20th February.

Singers Wanted!!!

Singers wanted for the 11 O'clock Sunday Mass Choir... Male and female... all welcome...

– Music Therapy –

An experienced music therapist is offering individual music therapy sessions at the Little Way Cancer Support Centre. For more information please contact us. Ph 045 902996, email: clane@little-way.org.

Good Morning Kildare'

This service provides a FREE friendly phone call on a regular basis to adults in their own home or place of residence.

It is a friendly chat about everyday things e.g., Gardening, Cookery, Sport, TV, Pets etc. All calls are strictly private and confidential. The phone operators are Garda Vetted.

The service operates from 9.15am to 2.30pm Monday to Friday.

'Good Morning Kildare' supports Independent Living & Social Connection.

The service is supported by the HSE, DEASP, An Garda Síochána.

If you are interested in availing of this service or you know somebody who would benefit, please contact 045-859037 / 045-870268 or
E-mail:goodmorningkildare@yahoo.ie

Teach Dara FRC

Teach Dara Homework & Afterschool Service

Monday -Thurs 1.40/2.40pm-4pm St Brigids collection ,snack and supervised homework

€25 per week €20 per sibling.

045 522128 / 087 9474783 for a space

Positions available in Teach Dara FRC Academy Street.

2 positions of Afterschool Worker 8 hours per week 2.30-4.30pm Monday - Thursday

Commencing Monday 20th February. Send CV to

recruitmentteachdara@gmail.com applications by Monday 6th Feb at 12pm

Contact 087 9474783 or 045 522128 for more details

Workshop

EXPLORING HEALING THROUGH SCRIPTURE

On the next two Friday evenings, 17 and 24 of February at 8 pm, in Resurrexit, Kilmeague and on zoom, the above will be the theme of two workshops to be given by Fr. Jim Cogley PP, and all are welcome. For more information and for zoom details please ring Grace at 086-8161043, or email - resurrexitcommunity@gmail.com or see our website www.resurrexit.ie. Suggested donation € 15 per evening. Postal code W91Y2WK. Hope you can join us.

Cill Dara Wranglers

Line Dancing .. come and Learn...class each Tuesday evening in Aras Bhride, 6.45pm – 9.30pm.... Beginners very welcome...

Contact Mag on 087 6344736 for more information.

Aging with Grace

Mount St Anne's, Killenard are hosting an "Aging with Grace" day on Saturday 18th February from 10am – 4.30pm. The day is facilitated by Maria Garvey, who has over 30 years experience as a leader in education, health and social care, community and social enterprise. This day is open to all and includes a 2-course dinner at €60 per person. Booking to Mt St Annes, 057-8626153 or secretary@mountstannes.com

Community First Responder

Do you live in Kildare Town?

Do you have a few hours every month to volunteer in your community??

Do you want to learn life saving skills??

No experience necessary

All training provided

Help make a difference in our community. Email us cfrkildaretown@gmail.com for more information

Dance Classes

get fit the fun way. Exercise in a fun way.

Social Dance Class starting

Tuesday 10th January from 7.30-9.00 in CYMS Kildare Town

Learn how to Waltz, Jive, Quickstep and country line dance.

Cost is €10 pay as you go.

Beginners Line Dance Class starting Wednesday 11th January from 7.30-8.45pm in Monasterevin community centre.

Cost is €10 pay as you go.

Places are limited

To book your place Text or call Noeleen on 086 8690332

Kildare Country Market

Just a reminder that Kildare country Market is on every Thursday morning from 9.45am – 12 noon in the hall beside the Carmelite Church in Kildare town. A wide selection of tasty home bakes available including bread, scones, tarts, cakes.

Savoury meals also available as well as free-range eggs and homemade jams and marmalades. Drop in and have a cuppa n chat.

Community Café

Community Café for Dunmurray and surrounding areas. Everybody Welcome!!

11am until 12.30pm, every Tuesday in Bishopsland Community Centre, R51 TO24.

Join us for a cuppa, some light refreshments, and a chat.

Pilgrimage to Rome & Assisi 2023

Led by Fr Liam Merrigan and Mgr John McEvoy. Visiting Assisi 25th – 27th May 2023, visiting Rome 27th – 31st May 2023.

Total Price: €1265 per person/ Deposit: €150. Return air ticket including 10kg luggage and taxes, Sharing twin rooms with private facilities for 2 nights in Assisi on half board basis, Sharing twin rooms with private facilities for 4 nights in Rome on B&B basis, Entrance tickets to the Vatican, Sistine chapel, Catacombs & the Colosseum. Single Supplement subject to availability for €195.00

For reservations phone Tullys Travel on 059 9136100

Adapted seated exercise class

This class is for people with arthritis Wednesday mornings at 10.30am and continues weekly during school term 5euro per class. This programme is sponsored by Arthritis Ireland Kildare Branch. All are welcome. For further information phone Eva 087 6321833

Kildare Town Men's Shed

The group meet each Tuesday from 10.30am to 12 noon.
New members welcome.
Contact Jimmy on 086 0655728

Teach Tearmainn

Working to end Domestic Violence.

Provides free and confidential emotional support, guidance and information.
provides short-term accommodation for women and children who are victims of domestic violence.

Ph 045 527584.

Creative Mindfulness for Kids

In Teach Dara Community & Family Centre, Academy Street.

Contact Audrey @ 089 431 3551 or email classes@mindfulmindset.ie

Kildare Community Garden

Kildare Community Garden meet at Men's Shed, Campion Crescent. Each Tuesday & Friday from 10.30am – 12.30pm

All are welcome and the kettle is always on.... Ph Mary on 087 9562158 For more information

Volunteer with ALONE

ALONE provide services to older people living at home. ALONE recruits, trains and supports Volunteers for two services: a Visitation and Befriending Service, and a Telephone Support and Befriending Service.

Would you be willing to provide companionship or make calls to Older People once a week? ALONE are seeking volunteers in your area. Full training and support provided. If interested please sign up here: <https://alone.ie/volunteers/> for more information, contact Fiona on fiona.boyle@alone.ie or on 086 1366539.

Kildare Small Jobs

The Kildare Small Jobs is a DIY property maintenance service for people over 65 living in County Kildare. For a subscription fee of €55 you will get up to 5 callouts.

Each callout offers you two qualified, experienced, and insured KSJ Workers calling to your home for 1.5 hours, to get your small job done. There is no charge for us calling out to assess a job. For further information and a list of what jobs, we can do please feel free to call us on 086 060 7346

KILDARE SMALL JOBS is a Social Enterprise and a Community Employment initiative hosted by County Kildare LEADER Partnership, funded by The Department of Social Protection and Dorman Account Funding.

Kildare Tidy Towns

We would ask everyone to help by keeping their own areas litter free & tidy.
“Where litter lies Beauty dies...”

Clevereach February 2023

Kildare Town Library

Carmel’s Storytime - Song, dance and stories for the 0 – 5-year old’s
Friday 3rd February – Stories to celebrate St Brigid and her love of animals,
Friday 10th, 17th and 24th

Join Carmel for a sprinkling of fairy dust, songs, and a magical storytelling event.
Carmel is winner of the Annual Children's Books Award 2022 which is made to an individual in recognition of their outstanding contribution to the reading lives of children in Ireland.

No booking required – just come along to Kildare Town Library!
Everyone welcome!

Introduction to Mindfulness and Meditation with Sandra

- Free 5 week course

Returning for another free 5-week online course of Mindfulness Meditation with Sandra and Kildare Library

Wednesdays from 25th January – 22nd February @ 8 pm- 9pm

Sandra is a Mindfulness and Psychotherapy professional with over 30 years’ experience and Kildare Library is delighted to partner with her again for this new free online course.

Booking on Ticket Tailor: <https://buytickets.at/kildaretownlibrary/822713>

Art Exhibition - THE BOOK OF KILDARE by Josephine Hardiman.

From Tuesday 24th January to end February 2023

The Book of Kildare is a project which began in 2016, with local artist and calligrapher, Josephine Hardiman recreating the Book of Kildare using her own interpretation and artistic talents. New and current pages will be on display in the library.

It will be completed and published to celebrate Brigid 1500 in 2024.

No booking required.

Enquiries to Kildare Library: Phone 045 520235 or email
kildarelib@kildarecoco.ie

Valentine’s Day I Love you to Pieces workshop with Orla

for 6 – 8 year olds

Tuesday 14th February 11.00am – 12.30pm

Help Bandit the Skunk declare his love for Rascal Raccoon in this arts and crafts workshop for Valentine's Day. Make a decoration with your own personalized message to take home.

Booking at Kildare Town Library: Phone 045 520235

Make your own Tablet with Anthony for 9 – 12 year olds

Thursday 16th February 2.30 – 4.00pm

Learn how to make your own Tablet and discover how it works. You will see how the different parts connect to each other and have fun with 100+ challenges!

Booking at Kildare Town Library: Phone 045 520235

Writing Our Way to Brigid with Shauna Gilligan

Saturday 18th and 25th February and monthly until October

Writing Our Way To Brigid offers participants an opportunity to explore what Brigit/Brigid means to them through a series of creative writing workshops and readings. It takes place from February 2023 to October 2023.

Dr Shauna Gilligan teaches creative writing in further and higher education (Maynooth University).

Booking through Ticket Tailor: <https://buytickets.at/kildaretownlibrary/837833>

Healthy Ireland Event

Start your Irish Sign Language journey today - Bringing Communities Together

Tuesday 21st February for 6 weeks

Learn a language that will allow you to communicate with Deaf people in your community.

Linda Dobbyn has been working as an Irish Sign Language (ISL) tutor since 2019. She teaches sign language home tutoring and visits families that want to learn ISL to communicate with their deaf child/Family.

Come and join her in Kildare Library to learn Irish Sign Language in a fun and friendly environment.

Booking through Ticket Tailor: Free event – Start Your Irish Sign Language Journey Today - free 6 week course for families at Kildare Library – Kildare Town Library, Multiple dates and times (tickettailor.com)

Ciorcal Comhrá – fáilte roimh chách ar

9ú agus 23ú Feabhra ag 3.30 – 4.00pm

Is féidir leat teacht go dtí an leabharlann nó bígí linn ar líne.

Gach eolas ón leabharlann: Fón: 045 520235 / Ríomhphost kildarelib@kildarecoco.ie

Community Craft Group – meets every Wednesday at 10am

Enquiries to Kildare Library - Phone: 045 520235

Get Crafty! –

2nd, 9th, 16th, 23rd February or every Thursday @ 6.30pm

Take some time-out for yourself to knit, sew, crochet, quilt – whatever your passion!

Everyone welcome – Enquires to Kildare Library - Phone: 045 520235

Bookworms Book Club with Orla from Kildare Town Library

Thursday February 23rd @ 6.30pm

Join Orla and friends in Kildare Town Library to discuss their latest book “Swing Time” by Zadie Smith Tea/Coffee

Phone: 045 520235 or email: kildarelib@kildarecoco.ie

New members welcome.

Sensory Pod

– now available for booking at Kildare Town Library

Sessions last approximately 30 minutes and children must be accompanied by an adult throughout the session